



HGD
HERITAGE * GROUP
DISTRIBUTION

SPRING 2022

{CONTENTS}

HERITAGE HOUSE 2

RMB | ROCKY MOUNTAIN BOOKS 34

TOUCHWOOD EDITIONS 64

GREYSTONE BOOKS 78

Selected Highlights

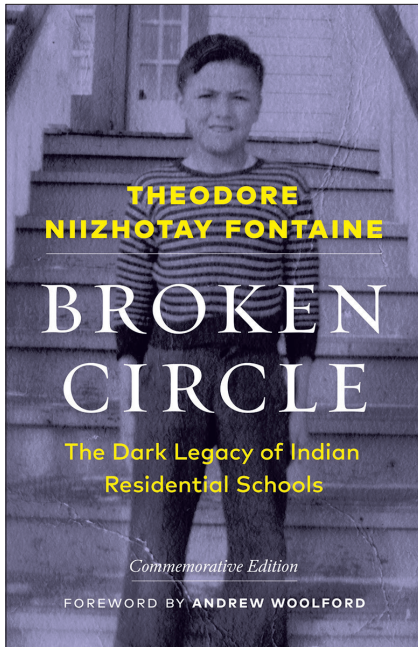
HERITAGE HOUSE 80

RMB | ROCKY MOUNTAIN BOOKS 86

TOUCHWOOD EDITIONS 92

AGENCY CLIENTS 98

INDEX 106



Indigenous Studies / Memoir
 April 2022 • \$24.95
 9781772034158 • softcover with flaps
 5.5" x 8.5", 224 pages, b&w photographs
 Author's home: Winnipeg, MB
 Heritage House Publishing
 RIGHTS HELD: World, all languages
 AVAILABLE VIA UTP: Yes
 Ebook also available

MARKETING & PROMO:

- Subject-specific print features, excerpts and review coverage
- Social media campaigns, blogger outreach, digital collateral for online use
- Outreach to subject-specific organizations, markets and festivals
- Excerpts available
- Electronic ARCs

Broken Circle

The Dark Legacy of Indian Residential Schools—
 Commemorative Edition

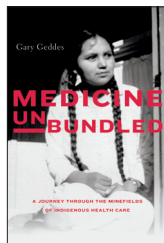
Theodore Niizhotay Fontaine

A new commemorative edition of Theodore Niizhotay Fontaine's powerful, groundbreaking memoir of survival and healing after years of residential school abuse.

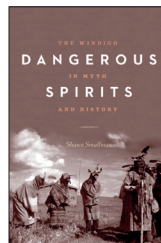
Originally published in 2010, *Broken Circle: The Dark Legacy of Indian Residential Schools* chronicles the impact of Theodore Fontaine's harrowing experiences at Fort Alexander and Assiniboia Indian Residential Schools, including psychological, emotional, and sexual abuse; disconnection from his language and culture; and the loss of his family and community. Told as remembrances infused with insights gained through his long healing process, Fontaine goes beyond the details of the abuse that he suffered to relate a unique understanding of why most residential school survivors have post-traumatic stress disorders and why succeeding generations of Indigenous children suffer from this dark chapter in history. With a new foreword by Andrew Woolford, professor of sociology and criminology at the University of Manitoba, this commemorative edition will continue to serve as a powerful testament to survival, self-discovery, and healing.

Theodore Niizhotay Fontaine (1941–2021) was a member and former chief of the Sagkeeng First Nation in Manitoba. He attended the Fort Alexander and Assiniboia Indian Residential Schools from 1948 to 1960. As a youth, he played senior hockey across Western Canada, before moving north to direct a mineral exploration crew in the Northwest Territories. Theodore graduated in civil engineering in 1973 and went on to work extensively in the corporate, government, and First Nations sectors, including eleven years with the Assembly of Manitoba Chiefs. He served in leadership and voluntary roles with organizations such as the Banff Centre for Management, the Indigenous Leadership Development Institute, the Manitoba Museum, the Victorian Order of Nurses, and Palliative Care Manitoba. Theodore was a regular speaker and media commentator on residential schools and presented his bestselling memoir to more than 1,500 audiences in Canada and the United States. He broke new ground by supporting other survivors and by seeking reconciliation directly with those who were perpetrators of his abuse.

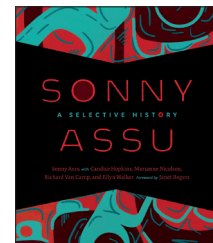
OF RELATED INTEREST



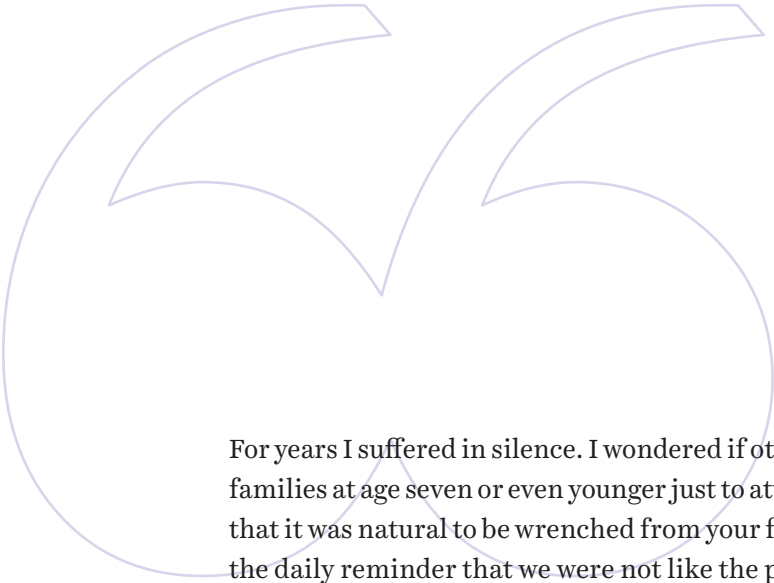
Medicine Unbundled
 9781772031645, \$22.95



Dangerous Spirits
 9781772030327, \$19.95



Sonny Assu
 9781772031706, \$34.95



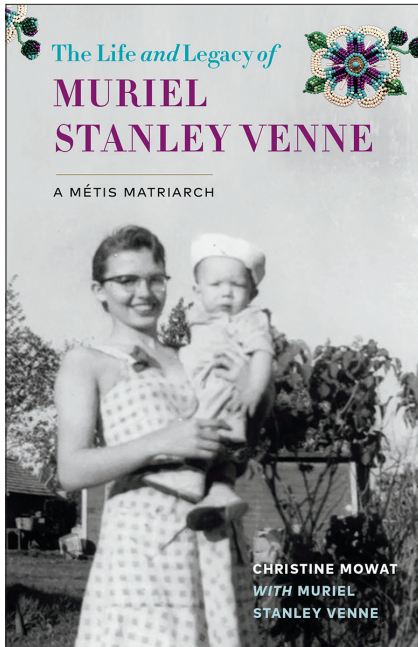
For years I suffered in silence. I wondered if other children had to lose their families at age seven or even younger just to attend school. I came to believe that it was natural to be wrenched from your family at this age. I lived with the daily reminder that we were not like the predominant white race. The pounding into our minds that were less than our keepers took its toll: more than two-thirds of my schoolmates died early, most from lives lived trying to forget.

To all my departed schoolmates and to all those who have survived the damage, the indignities, the suffering, and the true intent of Indian residential schools, I dedicated this book. We suffered individually but now come together. We are not alone.

—from *Broken Circle*

“Theodore Niizhotay Fontaine’s clarity, candour, courage, and grace shine through Broken Circle, truly a memoir for our time. Here is the voice of a beloved Elder who takes his child-self by the hand and allows us all to witness firsthand the atrocities of Canada’s Indian Residential School system. You will be awed by his strength, moved by his insight, and forever changed by his generosity and spirit.”

—Charlene Diehl, Director, Winnipeg International Writers Festival



The Life and Legacy of Muriel Stanley Venne

A Métis Matriarch

Christine Mowat

With Muriel Stanley Venne

The inspiring biography of Muriel Stanley Venne, a lifelong activist, community leader, and tireless advocate for Indigenous and women's rights.

Written over the course of four years of interviews and research, *The Life and Legacy of Muriel Stanley Venne* is the first authorized biography of this remarkable Métis matriarch.

While her life has been filled with both hardships and triumphs, Venne's crowning achievement has been the founding of the Institute for the Advancement of Aboriginal Women (IAAW), the Edmonton-based non-profit organization that she ran for a quarter of a century. One of the first organizations to raise awareness for Missing and Murdered Indigenous Women in Canada, IAAW recognizes the societal obstacles Indigenous women disproportionately face. Venne's advocacy work has contributed greatly to the national conversation on issues of systemic racism, the intergenerational effects of residential school abuse, and the Sixties Scoop. This book places Venne's life in the context of these topics, and highlights recent groundbreaking legislation that her work has contributed to.

Christine Mowat is an educator, writer, curriculum developer, plain language specialist, and co-founder of Wordsmith Associates Communications Consultants. She is a member of Muriel Stanley Venne's Institute for the Advancement of Aboriginal Women.

Muriel Stanley Venne is a champion of human rights, whose career has spanned nearly fifty years. Her work has advanced the fair treatment of Indigenous Peoples within all levels of society, focusing primarily on the promotion of women's rights. She has been recognized by the United Nations High Commissioner for Human Rights and has received numerous awards for her tireless advocacy, including the Alberta Human Rights Award, the Order of Canada, and Queen Elizabeth II's Gold and Diamond Jubilee Medals.

Indigenous Studies / Biography & Autobiography
March 2022 • \$29.95

9781772033410 • softcover with flaps

5.5" x 8.5", 288 pages, b&w photographs

Mowat's home: Edmonton, AB

Venne's home: St. Albert, AB

Heritage House Publishing

RIGHTS HELD: World, all languages

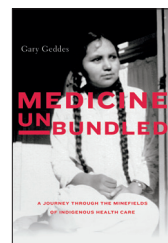
AVAILABLE VIA UTP: No

Ebook also available

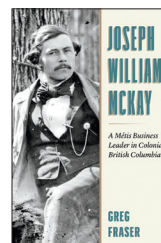
MARKETING & PROMO:

- National, regional, and subject-specific print features, excerpts, review coverage, broadcast and television interviews
- Social media campaigns, blogger outreach, digital collateral for online use
- Publicity and promotion in conjunction with author's speaking engagements
- Outreach to subject-specific organizations, markets and festivals
- Electronic ARCs
- Excerpts available

OF RELATED INTEREST



Medicine Unbundled
9781772031645, \$22.95



Joseph William McKay
9781772033403, \$22.95

We were up against discrimination at all levels in all companies, in all unions. It seems to me that the prejudice and resistance to hiring Indigenous people go right across the board—the unions, the companies, every place.

What we're learning now is why that existed—that it was part of the government's dedication to wiping out Indigenous people. It began with the residential schools, when the authorities went into the communities and took away the children. You can imagine what happened to that community once the children were gone. There was drinking, and the women, I believe, imploded when their children were taken away. The children were put into institutions that didn't show them any love or caring, and half of them died...Now it's Social Services which take away the children, but the effects of the policy of taking away the children have lasted and have passed on from generation to generation...

I believe I was the first Métis woman to be appointed to a Human Rights Commission in Canada, but it was really tough, a very, very difficult position. One of the principles I espoused was that the Alberta Human Rights Commission should report to the legislature. In my view, almost all of the violations against Indigenous people were committed by the government, so how could the Commission ever take a case against the government, when they only reported to a minister? Unfortunately, it became apparent that they weren't going to change the legislation, so I simply stayed on for the term.

The principle underlying the Human Rights Commission was that they were to help people who could not afford a lawyer, who felt they were being discriminated against. The Commission would advocate on their behalf. That concept is totally lost now. The Commission does not advocate; they aren't even "neutral." There is not any kind of representation on the Alberta Human Rights Commission that would reflect the people of this province, and by no means do they now have any Indigenous representatives. Yet that's where most of the discrimination takes place.

—from *The Life and Legacy of Muriel Stanley Venne*



Local Interest (BC) / Art & Photography

March 2022 • \$39.95

9781772033434 • softcover with flaps

11" x 8.5", 224 pages, colour and b&w photographs

Raits's home: Victoria, BC

Roth's home: Vancouver, BC

Ramberg's home: Calgary, AB

Heritage House Publishing

RIGHTS HELD: World, all languages

AVAILABLE VIA UTP: No

Ebook also available

MARKETING & PROMO:

- Regional and subject-specific print features, excerpts, review coverage, broadcast and television interviews
- Social media campaigns, blogger outreach, digital collateral for online use
- Outreach to subject-specific organizations, markets and festivals
- Outreach to travel and tourism organizations
- Electronic ARCs
- Electronic blads

Out of the Fire

Metalworkers along the Salish Sea

Pirjo Raits

Photography by Dale Roth and Michele Ramberg

A stunning art book featuring twenty-four west coast artists and craftspeople who work in metal as their primary medium.

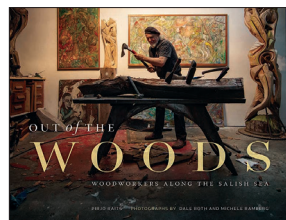
Out of the Fire: Metalworkers along the Salish Sea is a breathtaking celebration of a diverse group of contemporary artists and artisans. From sculptors to farriers, forgers to blacksmiths, jewellers to metalsmiths, and weapons makers to welders, this book reflects the wide range of talent, skill, and ingenuity that exists on Canada's southwest coast.

Miran Elbakyan captures movement and whimsicality in his Surrealist-inspired sculptures. Nycki Samuels earned the moniker "Tough Tiny Welder" as she fought her way through the male-dominated world of industrial metalwork. Ts'uts'umutl Luke Marston began making jewellery when he was still a teenager, honing the skills of his craft at the same time as he was learning about the imagery and oral narratives of the Coast Salish Peoples. Combining a love of technology, fashion, and the industrial arts, Bev Petow transforms cold, hard steel into delicate-looking dresses. With over one hundred spectacular colour and black-and-white photographs, this book is a stunning behind-the-scenes look at those who choose fire as their tool and metal as their raw material.

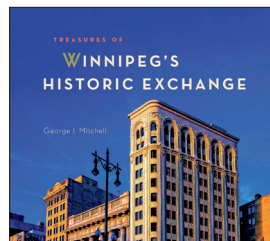
Pirjo Raits is an award-winning journalist, whose work has appeared in *Soar*, *Boulevard*, and *Tweed* magazines, and the former editor of the *Sooke News Mirror*. She is the author of the bestselling book *Out of the Woods: Woodworkers along the Salish Sea*.

Dale Roth and Michele Ramberg established Roth and Ramberg Photography in 1993. Since then, they have amassed an impressive roster of clients, specializing in portraits of people in their own environments. Their commercial clients include Bayer, BCIT, Bechtel, Bell, Calgary Zoo, Dupont, Enbridge, and Honda. In 2017, Roth and Ramberg were honoured by the Applied Arts Awards, in the Complete Calendar, Sports, and Portrait Photography categories. They are the photographers of *Out of the Woods: Woodworks along the Salish Sea*. For more information, visit rothandramberg.com.

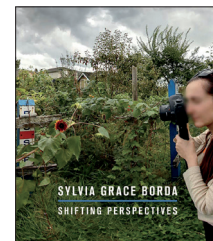
OF RELATED INTEREST



Out of the Woods
9781772032604, \$34.95

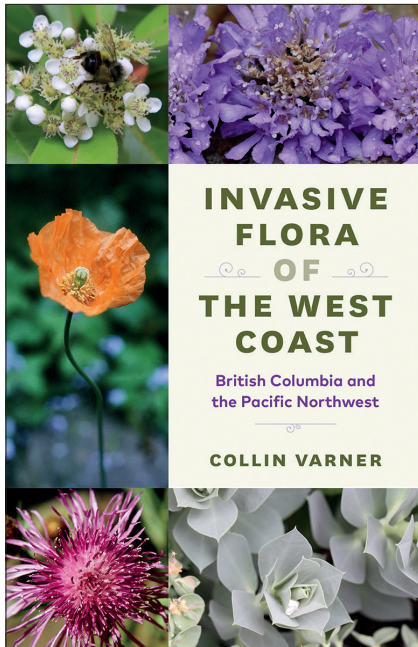


Treasures of Winnipeg's Historic Exchange
9781772033076, \$49.95



Sylvia Grace Borda
9781772033298, \$39.95





Local Interest (BC) / Nature
 April 2022 • \$24.95
 9781772034134 • softcover
 5.5" × 8.5", 256 pages, colour photographs
 Author's home: Victoria, BC
 Heritage House Publishing
 RIGHTS HELD: World, all languages
 AVAILABLE VIA UTP: No
 Ebook also available

MARKETING & PROMO:

- Regional and subject-specific print features, excerpts and review coverage
- Social media campaigns, blogger outreach, digital collateral for online use
- Outreach to subject-specific organizations, markets and festivals
- Outreach to travel and tourism organizations
- Electronic ARCs
- Electronic blads

Invasive Flora of the West Coast

British Columbia and the Pacific Northwest

Collin Varner

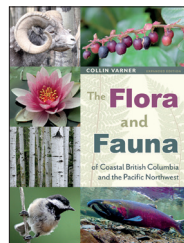
A compact, full-colour field guide to the growing number of invasive plant species spreading across coastal BC and the Pacific Northwest, highlighting their hazards and uses.

The spread of invasive plant species is a growing concern across the coastal Pacific Northwest. Invasive plants compete for space with native plants, alter the natural habitat, and even interfere with the diet of local wildlife. Hundreds of these species are so commonly seen in our backyards, forests, and along roadsides that many people do not even realize that these plants are not native to this region.

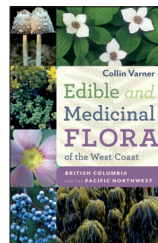
Designed for amateur naturalists, gardeners, and foragers, *Invasive Flora of the West Coast* is a clear, concise, full-colour guide to identifying and demystifying more than 200 invasive plant species in our midst, from Scotch broom to Evening Primrose. Featuring colour photography, origin and etymology, safety tips and warnings, as well as common uses, this book is practical, user-friendly, and portable for easy, on-the-go identification.

Collin Varner is a horticulturalist/arboriculturalist. He began his career at the University of British Columbia's Botanical Garden, and over the next forty years he assumed responsibility for conserving 25,000 trees across campus and taught courses in native plant studies. Now semi-retired, Varner is an avid photographer, world traveller, and bestselling author of *The Flora and Fauna of Coastal British Columbia and the Pacific Northwest* and *Edible and Medicinal Flora of the West Coast*.

OF RELATED INTEREST

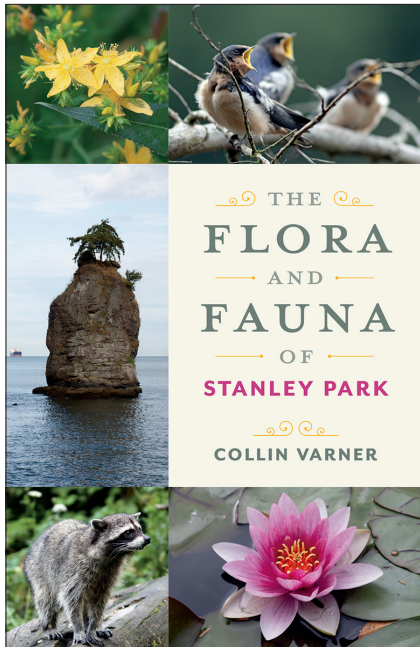


The Flora and Fauna of Coastal British Columbia and the Pacific Northwest
 9781772033564, \$39.95



Edible and Medicinal Flora of the West Coast
 9781772033236, \$22.95





Local Interest (BC) / Nature
 April 2022 • \$24.95
 9781772034059 • softcover
 5.5" × 8.5", 256 pages, colour photographs
 Author's home: Victoria, BC
 Heritage House Publishing
 RIGHTS HELD: World, all languages
 AVAILABLE VIA UTP: No
 Ebook also available

MARKETING & PROMO:

- Regional and subject-specific print features, excerpts and review coverage
- Social media campaigns, blogger outreach, digital collateral for online use
- Outreach to subject-specific organizations, markets and festivals
- Outreach to travel and tourism organizations
- Electronic ARCs
- Electronic blads

The Flora and Fauna of Stanley Park

Collin Varner

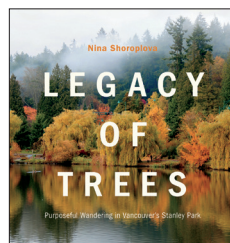
A concise, full-colour guide to more than 200 native and introduced plant and animal species found in Vancouver's famed city park.

Vancouver's Stanley Park is known around the world as a natural oasis in the midst of Western Canada's largest city. Unlike many urban parks, which are mostly cultivated, this 1,000-acre park is part of the natural rainforest of the region. As much of this natural habitat has been preserved as parkland, Stanley Park is an accessible place to observe much of the native plant and animal life that can be found throughout the south coast of British Columbia and the Pacific Northwest, as well as a number of introduced species.

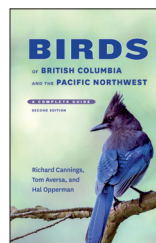
The Flora and Fauna of Stanley Park is a practical and colourful keepsake, highlighting more than 200 trees, shrubs, wildflowers, berries, seaweeds, birds, land mammals, and shoreline creatures. With clear colour photography, detailed descriptions, etymology, and safety tips and warnings, this book is the perfect go-to guide for visitors to the park and anyone interested in the rich biodiversity of the Vancouver area and beyond.

Collin Varner is a horticulturalist/arboriculturalist. He began his career at the University of British Columbia's Botanical Garden, and over the next forty years he assumed responsibility for conserving 25,000 trees across campus and taught courses in native plant studies. Now semi-retired, Varner is an avid photographer, world traveller, and bestselling author of *The Flora and Fauna of Coastal British Columbia and the Pacific Northwest* and *Edible and Medicinal Flora of the West Coast*.

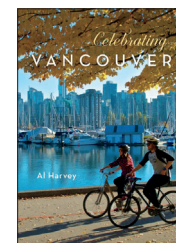
OF RELATED INTEREST



Legacy of Trees
 9781772033038, \$29.95

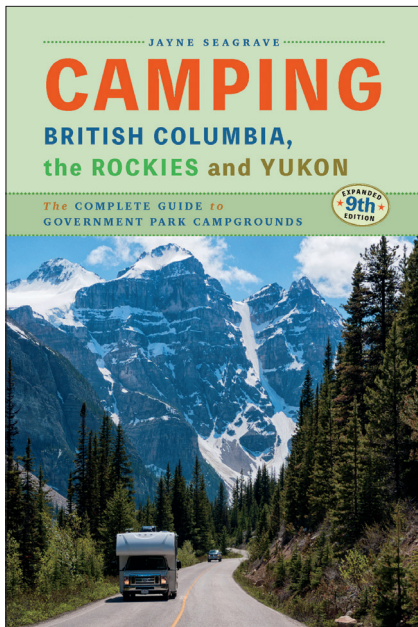


Birds of British Columbia and the Pacific Northwest
 9781772033274, \$29.95



Celebrating Vancouver
 9781772031942, \$6.95





Local Interest (BC, Yukon, Rockies) / Camping
 March 2022 • \$26.95

9781772033991 • softcover

6" x 9", 320 pages, b&w photographs and maps;
 colour photo sections

Author's home: Vancouver, BC

Heritage House Publishing

RIGHTS HELD: World, all languages

AVAILABLE VIA UTP: No

Ebook also available

MARKETING & PROMO:

- Regional and subject-specific print features, excerpts, review coverage, broadcast and television interviews
- Social media campaigns, blogger outreach, digital collateral for online use
- Outreach to travel and tourism organizations
- Electronic ARCs

Camping British Columbia, the Rockies, and Yukon

The Complete Guide to Government Campgrounds, 9th Edition

Jayne Seagrave

The bestselling guide to campgrounds across BC, Yukon, and the Canadian Rockies, newly revised and updated.

Western Canada's quintessential camping guide—now in its 9th edition—lays the groundwork for anyone planning to get out of the city and explore the best that nature has to offer. At a time when many people are bursting to travel but still concerned about safety, *Camping British Columbia, the Rockies, and Yukon* offers over 150 possibilities for campers of every age and experience level.

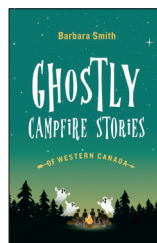
For those packing up the RV with all the comforts of home or pitching a tent next to a quiet spot by a picturesque lake, this practical guide tells would-be campers everything they need to know: which campgrounds have the best playgrounds, safe swimming beaches, and interpretive programs; which parks have hot showers and nearby restaurants; which grounds are RV accessible; and which are best for families, young adults, and retirees. Every provincial, territorial, or national park campground in the region is listed alphabetically, along with clear maps and directions, more than 100 photos, and the latest health and safety regulations.

Jayne Seagrave is travel writer and avid camper. She is the author of *Camping British Columbia, the Rockies and Yukon*, which has sold more than 40,000 copies since its first publication more than two decades ago; *Camping with Kids in the West*; and *Time to Take Flight*. Originally from the UK, she now lives in Vancouver and divides her time between travelling, writing, working, and public speaking.

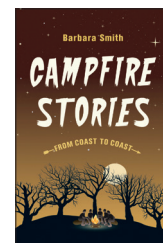
OF RELATED INTEREST



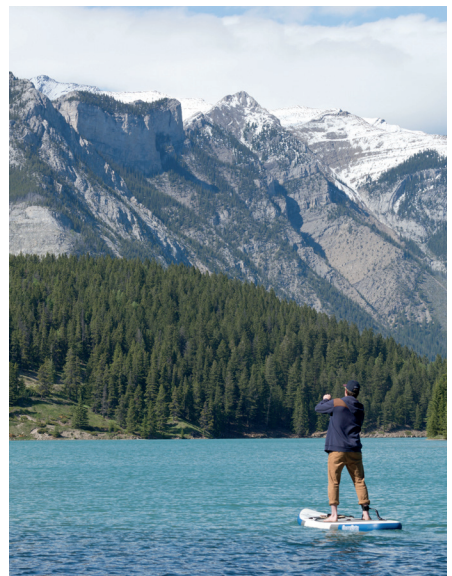
Campfire Stories of Western Canada
 9781772031126, \$12.95

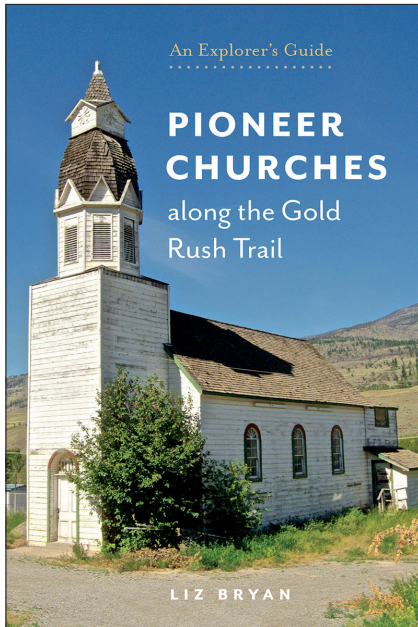


Ghostly Campfire Stories of Western Canada
 9781772032451, \$12.95



Campfire Stories from Coast to Coast
 9781772033113, \$19.95





Local Interest (BC) / History

April 2022 • \$24.95

9781772034011 • softcover

6" x 9", 224 pages, full colour

Author's home: Rock Creek, BC

Heritage House Publishing

RIGHTS HELD: World, all languages

AVAILABLE VIA UTP: No

Ebook also available

MARKETING & PROMO:

- Regional and subject-specific print features, excerpts and review coverage
- Social media campaigns, blogger outreach, digital collateral for online use
- Publicity and promotion in conjunction with author's speaking engagements
- Outreach to travel and tourism organizations
- Electronic ARCs
- Electronic blads
- Excerpts available

Pioneer Churches along the Gold Rush Trail

An Explorer's Guide

Liz Bryan

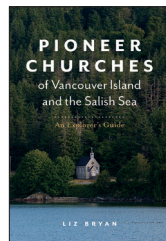
A fascinating tour through BC's historical gold rush trails, focusing on the nineteenth-century churches that were pivotal to the establishment of early settler communities.

Much has been written about the Cariboo gold rush—from the trails and wagon roads to the rowdy mining camps, from tales of great luck to accounts of disappointment and despair. This book paints a different picture of those pioneer days. It is a guide to the nineteenth-century churches that were built during the gold rush or in the settlement days that followed. Most of these historic structures were handmade of local wood, though they differed greatly in size and style. Some are now abandoned, untenanted but still worthy of inspection. All were built to fill the spiritual need of the European migrants who flooded to the area, to nurture a sense of community that survived even after the gold was gone.

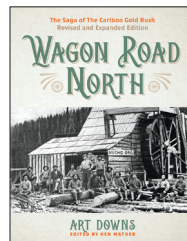
Filled with beautiful colour photography and detailed maps, *Pioneer Churches along the Gold Rush Trail* highlights the history, geography, architecture, craftsmanship, and social context of dozens of gold rush-era churches, preserving them, in their varying states of decay, for posterity. While acknowledging the destructive forces of colonialism, including Christianity, on Indigenous Peoples, this book also examines the historical role of churches in community building and invites the reader to consider this dichotomy with an open and curious mind.

Liz Bryan is a journalist, author, photographer, and co-founder of *Western Living* magazine. Bryan has written several books, including *Pioneer Churches of Vancouver Island and the Salish Sea: An Explorer's Guide* (which was a finalist for the Lieutenant Governor's Historical Writing Competition), *River of Dreams: A Journey through Milk River Country*, and *Stone by Stone: Exploring Ancient Sites on the Canadian Plains*.

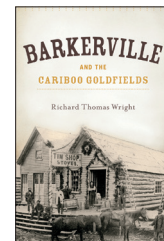
OF RELATED INTEREST



Pioneer Churches of Vancouver Island and the Salish Sea
9781772033052, \$24.95

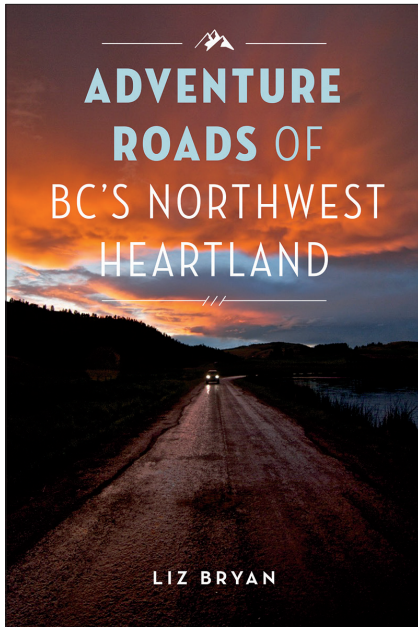


Wagon Road North
9781772033601, \$26.95



Barkerville
9781927527061, \$19.95





Local Interest (BC) / Travel
 April 2022 • \$24.95
 9781772034035 • softcover
 6" x 9", 224 pages, colour photographs
 Author's home: Rock Creek, BC
 Heritage House Publishing
 RIGHTS HELD: World, all languages
 AVAILABLE VIA UTP: No
 Ebook also available

MARKETING & PROMO:

- Regional and subject-specific print features, excerpts and review coverage
- Social media campaigns, blogger outreach, digital collateral for online use
- Publicity and promotion in conjunction with author's speaking engagements
- Outreach to subject-specific organizations, markets and festivals
- Outreach to travel and tourism organizations
- Electronic ARCs
- Electronic blads

Adventure Roads of BC's Northwest Heartland

Liz Bryan

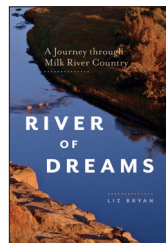
An off-the-beaten-track exploration of Interior BC, full of scenic photography, maps, and fascinating information for tourists and armchair travellers alike.

From lush forests to majestic mountains, sleepy ghost towns to pastoral farmland, *Adventure Roads of BC's Northwest Heartland* captures the beauty, history, and unexpected twists and turns of a region often overlooked by tourists and ideal for would-be road trippers. Fuelled by the philosophy that any road can lead to adventure—not always of the visceral sort, but of the mind and heart—travel writer, historian, and photographer Liz Bryan guides readers on a virtual tour.

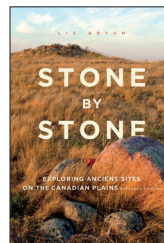
Taking scenic routes from Merritt to Barkerville, Kamloops to Bella Coola, and into the valleys of the Bulkley and Skeena Rivers, Bryan tells the story of this land, its peoples, and their history. With stunning photography and fascinating prose, this book will compel anyone to follow their own adventure road, wherever it may take them.

Liz Bryan is a journalist, author, photographer, and co-founder of *Western Living* magazine. Bryan has written several books, including *Pioneer Churches of Vancouver Island and the Salish Sea: An Explorer's Guide* (which was a finalist for the Lieutenant Governor's Historical Writing Competition), *River of Dreams: A Journey through Milk River Country*, and *Stone by Stone: Exploring Ancient Sites on the Canadian Plains*.

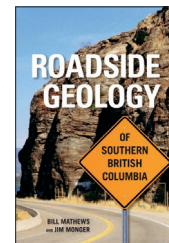
OF RELATED INTEREST



River of Dreams
 9781772032413, \$19.95

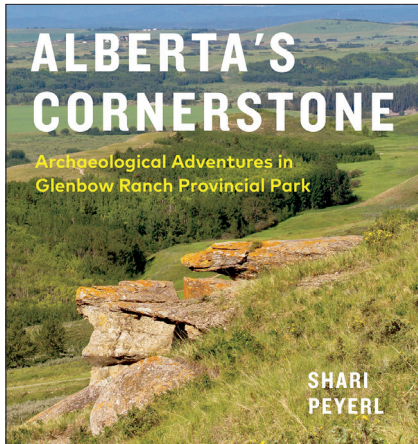


Stone by Stone
 9781772030495, \$19.95



Roadside Geology of Southern British Columbia
 9781926613345, \$24.95





Local Interest (AB) / History

April 2022 • \$34.95

9781772033915 • softcover with flaps

8.5" × 9", 288 pages, colour and b&w photographs

Author's home: Sundre, AB

Heritage House Publishing

RIGHTS HELD: World, all languages

AVAILABLE VIA UTP: No

Ebook also available

MARKETING & PROMO:

- Regional and subject-specific print features, excerpts, review coverage, broadcast and television interviews
- Social media campaigns, blogger outreach, digital collateral for online use
- Publicity and promotion in conjunction with author's speaking engagements
- Outreach to subject-specific organizations, markets and festivals
- Outreach to travel and tourism organizations
- Electronic ARCs
- Electronic blads
- Excerpts available

Alberta's Cornerstone

Archaeological Adventures in Glenbow Ranch Provincial Park

Shari Peyerl

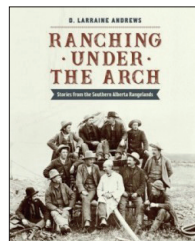
The fascinating exploration of a vanished settlement in Glenbow Ranch Provincial Park, told within the framework of an archaeologist's memoir.

While excavating Alberta's most important historic sandstone quarry, archaeologist and oral historian Shari Peyerl uncovers fascinating clues about the province's past. From metal fragments and dusty artifacts, she pieces together a story about a settlement situated in today's picturesque Glenbow Ranch Provincial Park. Chronicling the development of ranching, village life, industry, and the Canadian Pacific Railway, *Alberta's Cornerstone* is an engaging and authoritative history that reads like an archaeological detective story.

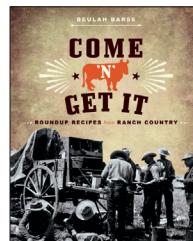
As Peyerl dispels archaeological myths, explains scientific techniques, and shares the excitement of unearthing lost histories, she introduces readers to a colourful array of characters who once lived at Glenbow, including a local embezzler, Alberta's first graduate nurse, a Canadian soccer champion, an acclaimed mathematician, and a member of an international spy agency. Written for the general public, this detailed, carefully annotated book will also appeal to historical scholars. Beautifully illustrated with many colour and black-and-white photographs (including fifteen previously unpublished archival photos), *Alberta's Cornerstone* brings the ghosts of Glenbow to life.

Shari Peyerl is an archaeologist, college instructor, archivist, oral historian, and writer, who holds BSc and MA degrees in archaeology from the University of Calgary. She has volunteered at Glenbow Ranch Provincial Park since 2009 and enjoys giving tours and presentations about its history and archaeology. She created The People of Glenbow Family Photo Album, on display in the park's Interpretive Centre. Peyerl loves using clues from written and oral history, archaeology, and genealogy to reveal how ordinary people contributed to history.

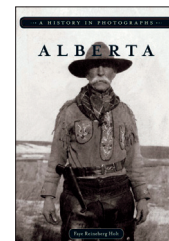
OF RELATED INTEREST



Ranching under the Arch
9781772032727, \$29.95

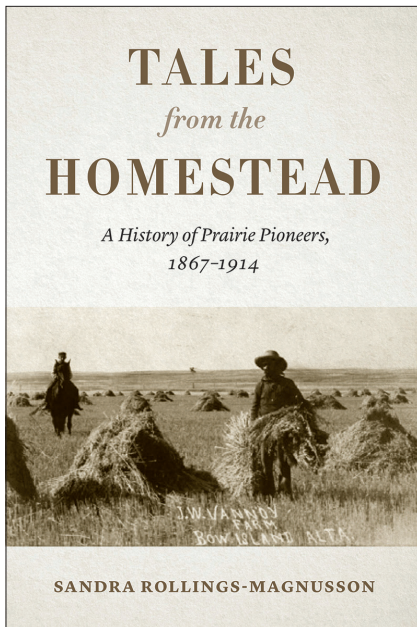


Come 'n' Get It
9781772031256, \$14.95



Alberta
9781894974875, \$14.95





Tales from the Homestead

A History of Prairie Pioneers, 1867-1914

Sandra Rollings-Magnusson

A compilation of thirty-six personal homesteader stories, providing unique insight into the daily life of prairie pioneers.

Highlighting the voices and personal stories of early immigrants who arrived in Alberta, Saskatchewan, and Manitoba in the late nineteenth and early twentieth centuries, *Tales from the Homestead* is a captivating snapshot of social history. This compilation of first-person accounts by English, Dutch, German, Russian, Ukrainian, and American homesteaders reveals fascinating, startling, heartbreaking, and inspiring details about new lives and communities built, risks taken, and hardships endured.

The book includes stories of surviving periods of near starvation and natural disaster, and describes the challenges of navigating Canada's nascent immigration process, building a sod home and establishing a farm, and adapting to the norms of a new country. Along with these tales of difficulty, fear, and sadness are the many stories of happiness and wonderment at the beauty of the land. Community events and parties are thoughtfully remembered, as are accounts of attending one-room schoolhouses. The camaraderie of the people, and their pleasure and delight in forging a new life for themselves on the prairies, shows the extent of their fortitude, grit, and stamina. Illustrated with archival photography, *Tales from the Homestead* will appeal to history buffs, genealogists, and anyone who enjoys first-hand accounts of the resilience of immigrant communities.

Sandra Rollings-Magnusson is an Associate Professor of Sociology at MacEwan University. She has studied western Canadian homesteaders for over thirty years. Since receiving a Master's Degree from the University of Regina and a PhD from the University of Alberta, she has written numerous academic journal articles on homesteading life and lectured on a number of homesteading topics. She has also written two books, *Heavy Burdens on Small Shoulders: The Labour of Pioneer Children on the Canadian Prairies* (University of Alberta Press) and *The Homesteaders* (University of Regina Press).

Local Interest (Prairies) / History

April 2022 • \$29.95

9781772033892 • softcover with flaps

6" x 9", 288 pages, b&w photographs

Author's home: Edmonton, AB

Heritage House Publishing

RIGHTS HELD: World, all languages

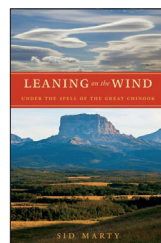
AVAILABLE VIA UTP: No

Ebook also available

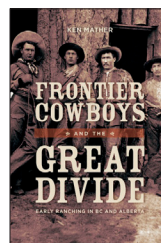
MARKETING & PROMO:

- Regional and subject-specific print features, excerpts, review coverage, broadcast and television interviews,
- Social media campaigns, blogger outreach, digital collateral for online use
- Electronic ARCs
- Excerpts available

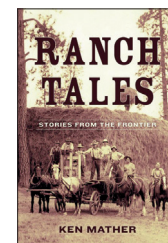
OF RELATED INTEREST



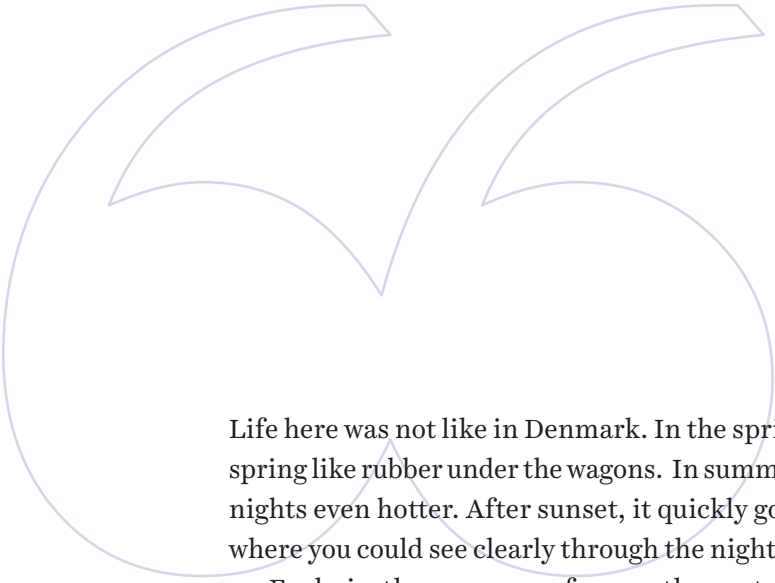
Leaning on the Wind
9781894974622, \$22.95



Frontier Cowboys and
the Great Divide
9781927527092, \$19.95



Ranch Tales
9781772031881, \$19.95

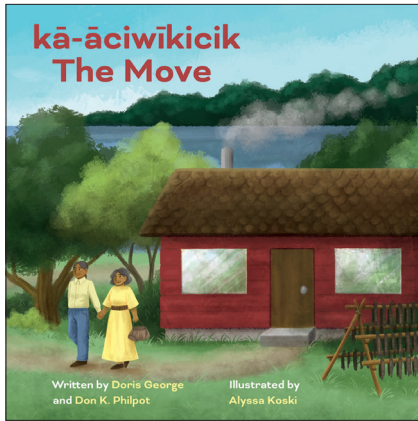


Life here was not like in Denmark. In the spring, the roads would actually spring like rubber under the wagons. In summer, the days were hot, and the nights even hotter. After sunset, it quickly got dark, not like in Denmark where you could see clearly through the night for forty days.

Early in the summer of 1903, the rest of the family arrived from Denmark, including Mother and two sisters, Helen and Anna. Thomas had been in Alberta looking over the homestead situation. He finally arrived back in Milltown after a very unusual journey. Being short of money, he had to beat his way. When the conductor on the train came to collect the tickets, he would go off to the washroom or the space between the cars. Then he would catch the conductor alone, and bargain with him for a tag to a certain point for so many dollars, strictly an underhand deal. He made it for a while with various conductors, but finally one of them lost his temper and kicked him off the train, none too gently. He must have tried again, for he arrived.

Then father and Thomas had to decide whether to stay in Wisconsin or go to Alberta. Thomas already had a homestead of 160 acres in sunny Alberta, a wonderland where people never got sick. He urged the family to go with him to Alberta and take out a homestead. The folks had got settled on a farm [in Milltown] and had a team, some cows and furniture. It was a cruel decision to make. But father was used to a big acreage. Where the family lived, there was only 40 acres partly broken; the rest was in big stumps and pasture. Finally, father decided to go.

—from *Tales from the Homestead*



Children's Picture Book – Fiction (ages 4-8) / Indigenous

April 2022 • \$22.95

9781772034097 • hardcover, paper over board

10" × 10", 48 pages, colour illustrations

George's home: Easterville, MB

Philpot's home: Shippensburg, PA

Koski's home: Okotoks, AB

Heritage House Publishing

RIGHTS HELD: World, all languages

AVAILABLE VIA UTP: Yes

Ebook also available

MARKETING & PROMO:

- National, regional, and subject-specific print features, excerpts, review coverage, broadcast and television interviews
- Social media campaigns, blogger outreach, digital collateral for online use
- Outreach to subject-specific organizations, markets and festivals
- Electronic ARCs
- Electronic blads
- Excerpts available

kā-āciwīkicik / The Move

Doris George, Don K. Philpot

Illustrated by Alyssa Koski

A magical children's picture book, written in Cree and English, depicting the transformation of a barren landscape into a rich natural world, where an elderly couple can spend their remaining days.

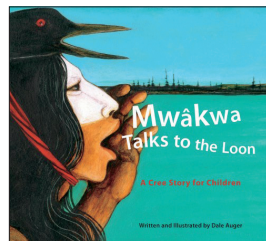
Rooted in the historical displacement and relocation of members of the Chemawawin First Nation from their ancestral lands, *The Move* is a bilingual story of two Cree Elders adjusting to life in their new environment. The story presents two contrasting landscapes of the old community—the homeland of the Chemawawin People—and the new community of Easterville, which at first appears barren and lifeless. Gradually, the couple begins to incorporate their old customs and traditions into their current surroundings. Family members begin to visit, and eventually nature begins to bloom all around them. Through traditional Cree storytelling techniques and vivid imagery, the new landscape springs to life and becomes a true community, filled with love and happiness.

Doris George is a Cree educator. She is the principal of Chemawawin School in Easterville, Manitoba, where she also taught Cree language for four years. She holds a BA and BED from University College of the North and a Community Linguist Certificate (CLC) from the University of Alberta. She has a passion for her language, and credits her grandparents and parents with speaking Cree with her when she was growing up. She is married with three sons and six grandchildren.

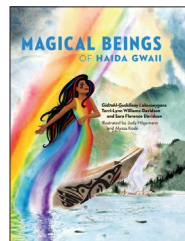
Don K. Philpot is an educator specializing in Cree language structures and use, language and literacy education, and children's literature. He is a member of the reading faculty at Shippensburg University and holds undergraduate and graduate degrees in Indigenous Studies, Teacher Education, and Literacy Education from the University of Manitoba and University of British Columbia. His current research focuses on Indigenous landscapes and worldviews in contemporary adolescent novels by Indigenous writers.

Alyssa Koski is an illustrator and member of the Kainai Nation. She holds a BA in Visual Communications from the Alberta College of Art and Design. Koski is the recipient of the Janet Mitchell Award and the Harley Brown Artistic Endowment and the winner of the 2017 Applied Arts Magazine design award.

OF RELATED INTEREST



Mwakwa Talks to the Loon
9781894974325, \$12.95



Magical Beings of Haida Gwaii
9781772032963, \$22.95, hc
9781772033700, \$14.95, pb

[6] One morning, the old woman looked out the window, and looked around at her barren and rocky yard. She hated her ugly new yard and wished for some trees. She wanted to smoke the same things she smoked in their old place, fish and moose hides. But she did not have the proper wood to smoke things now.

[7] All at once a crowd of trees appeared to her—appeared right before her there in her ugly yard. She recognized them instantly, those trees. They went by the name of black ash. She recognized them instantly and watched in wonder as they rooted and lay themselves down in her yard.

[8] She called her old man to the window. “Come here,” she said. She showed him the trees and bits of rotting wood scattered about in their yard. “Get going now,” she said. “Collect some rotting wood for me. You know what I mean,” said the old woman to her old man, standing beside him, looking out the window, and pointing things out to him. “The best bits of rotting wood you can find for smoking my things,” said the old woman to her old man.

[9] The old woman set up her drying racks and hung her fish. Then from the branch of a nearby tree, she hung a moose hide sewn into a bag. The old man sprung into action; he hurried outside, looked around for rotted wood, and collected it. He started a fire between the drying racks and made a smudge for smoking.

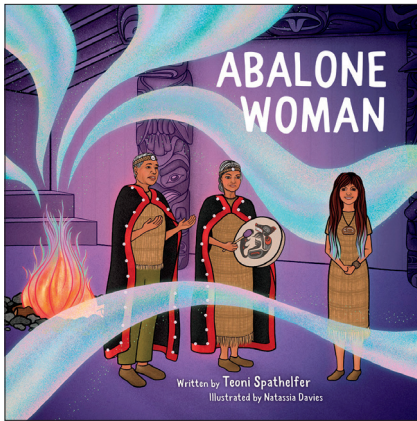
—from *kā-āciwikicik / The Move*

[6] ekosi ekwa, e-kekisepayāk, paspāpiw nōtokwesiw, e-nanātawapit. e-kanawāpatāk ōta askīy kā-manātaninik, e-paskwāwānik, e-asinīskānik. pakwātam awa nōtokwesiw. e-kāwatāt mistikwa. e-nōte-kaskāpaswāt aniyi kā-kī-kaskāpaswāt māna nete kā-kī-āyācīk, kinōsewa mīna mōswekinwa. māka mōna ōci āyāw aniki tōwikān mīta kita-āpacītāt māna.

[7] ketātawen kā-pe-sākewepanicik mistikwak—kā-ati-sākewepanihōcīk ekota pakwātaskamik. semāk nisitawinawew nōtokwesiw anihi mistikwa—akimāsk kā-isinīkātīt—ka-nisitawinawāt nōtokwesiw semāk, e-māmāskāsāpamāt kā-ati-onipanicik ekota. e-ati-pimāskosīnit atīt mīna.

[8] ekwāni semāk nōtokwesiw kā-tepwātāt okiseninīma. “astum,” itew. ekwāni kā-wapātināt aniyi akimāskwa okiseninīma, nōskītakwa mīna kā-nanānistascīkek misiwe ite. “hāw mācan,” she said. “māwasakonamawin nōskītakwa ekwa. ki-nisitōtātīn,” itew nōtokwesiw okiseninīma anta kā-nīpawicīk wāsenimāwinik e-paspāpicīk, e-wāwāstahamawāt. “pīwīpicīkana kā-nōskītakīcīk māwaci, kita-kaskāpasāmān kekwāna, ewako,” itew nōtokwesiw okiseninīma.

[9] ekwāni kā-onāstāt opasikanātīkwa nōtokwesiw, kā-ati-akotāt kinōsewa ekota. ekwāni cīkic anta kā-isi-akotāt mōswekinwa mistikōk, e-kī-kipokwatāk ewako. ekwāni kisiskāpaniw kiseniniw; kā-wanāwīt, nōskītakwa kā-nanātonawāt, e-māwasakonāt aniyi. e-kōtawet apītāw anta pasikanātīkōk, e-kaskāpasīket.



Abalone Woman

Teoni Spathelfer

Illustrated by Natassia Davies

A vivid dream teaches Little Wolf about courage and acceptance of those who are different, and inspires her to show her daughters and their classmates how to be proud of their diverse cultural backgrounds.

Throughout her life, Little Wolf has been troubled by the injustice she sees all around her. When she was young, she was bullied for her Indigenous heritage. Her mother, White Raven, spent ten years in a residential school, separated from her family and isolated from her culture. Little Wolf's own children are growing up in a different, more open society, but hatred and racism still exist. Little Wolf worries about the world her daughters will inherit. One night, a vivid dream helps her realize her own strength as a leader and peacemaker in her community. Told with powerful imagery and symbolism, *Abalone Woman* is the third book in the Little Wolf series, which presents themes of racism, trauma, and family unity through relatable, age-appropriate narratives.

Children's Picture Book – Fiction (ages 4-8) / Indigenous

March 2022 • \$19.95

9781772034110 • hardcover, paper over board

9" x 9", 32 pages, colour illustrations

Spathelfer's home: Sooke, BC

Davies' home: Victoria, BC

Heritage House Publishing

RIGHTS HELD: World, all languages

AVAILABLE VIA UTP: Yes

Ebook also available

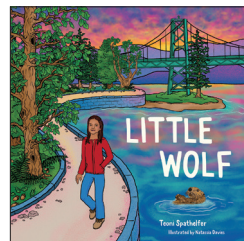
MARKETING & PROMO:

- National, regional, and subject-specific print features, excerpts, review coverage, broadcast and television interviews
- Social media campaigns, blogger outreach, digital collateral for online use
- Publicity and promotion in conjunction with author's speaking engagements
- Outreach to subject-specific organizations, markets and festivals
- Excerpts available
- Electronic ARCs
- Electronic blads

Teoni Spathelfer is a member of the Heiltsuk Nation from coastal BC. Since childhood she has loved immersing herself in her own culture and learning about other cultures around the world. Spathelfer has worked as a publicist; a radio journalist, host, and producer; and an arts and music writer. Her documentary *Teoni's Dream*, informed by her mother's residential school experience, has aired nationwide on CBC Radio. Her photography has been featured across various media and sold privately. She has been blessed with three daughters and four grandchildren.

Natassia Davies is a Victoria-based artist and graphic designer and is of Coast Salish ancestry. For nearly a decade, Natassia has worked traditionally and digitally to create illustrations, develop visual brand identities, and design various other visual communications tools for local businesses, individuals, and non-profits. She also works with other First Nations Peoples and Indigenous groups to create educational tools and public art pieces. Natassia has collaborated on multiple large-scale Indigenous murals that can be found throughout Sooke and Victoria's harbour.

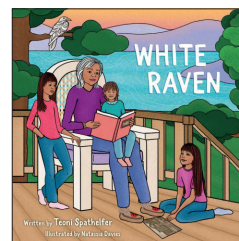
OF RELATED INTEREST



Little Wolf

9781772033472, \$19.95, hc

9781772033809, \$12.95, pb



White Raven

9781772033779, \$19.95, hc

9781772033786, \$12.95, pb



The next day, a feast was being held at the big house. Some members of a far-away community were visiting.

When Little Wolf got to the big house, she found four people waiting for her at the door. The people told Little Wolf that they were afraid to go inside because the visitors looked so different from their people.

* * *

“Will you be the one to welcome the visitors?” a woman asked Little Wolf. “You were the only one who was not afraid of the serpents, and your hair reminds everyone to be brave and to see the beauty in all of the Creator’s children.”

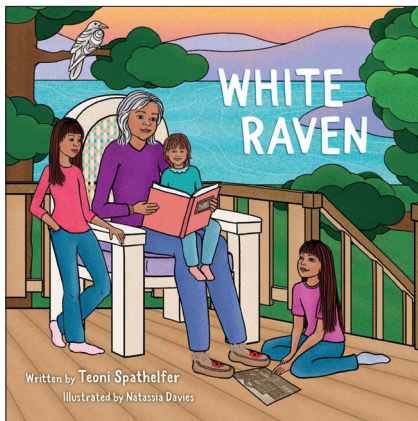
Little Wolf was honoured to be asked. She agreed to welcome the visitors. They walked arm in arm into the big house, two people on both sides of her. Little Wolf was in the middle with her hair aglow!

* * *

After the feast, a magical warm wind danced through the crowd and brought the breath of the ancient ones. In it, the Elders heard a new name. They honoured Little Wolf’s wise and brave heart by renaming her Abalone Woman!

—from *Abalone Woman*





White Raven

Teoni Spathelfer

Illustrated by Natassia Davies

White Raven, an Elder and residential school survivor, shares her difficult past with her daughter and grandchildren in this sequel to *Little Wolf*.

All grown up with a family of her own, *Little Wolf* moves from the big city to the island of her ancestors. One day, *Little Wolf*'s mother, White Raven, visits and begins to tell her grandchildren stories from her own childhood. But the stories are not happy ones. As a child, White Raven left her family to attend St. Michael's Residential School in Alert Bay, BC. While there, she experienced hunger, loneliness, shame, and isolation. Even years later, she has nightmares about her time at the school. But by sharing her story with *Little Wolf* and her grandchildren, White Raven begins to heal and brings the family closer together.

White Raven is an engaging teaching tool as well as a relatable narrative about the impact of intergenerational trauma on families. Based on the author's own life and her mother's residential school experience, the central message of this book is one of healing and family unity.

Teoni Spathelfer is a member of the Heiltsuk Nation from coastal BC. Since childhood she has loved immersing herself in her own culture and learning about other cultures around the world. Spathelfer has worked as a publicist; a radio journalist, host, and producer; and an arts and music writer. Her documentary *Teoni's Dream*, informed by her mother's residential school experience, has aired nationwide on CBC Radio. Her photography has been featured across various media and sold privately. She has been blessed with three daughters and four grandchildren.

Natassia Davies is a Victoria-based artist and graphic designer and is of Coast Salish ancestry. For nearly a decade, Natassia has worked traditionally and digitally to create illustrations, develop visual brand identities, and design various other visual communications tools for local businesses, individuals, and non-profits. She also works with other First Nations Peoples and Indigenous groups to create educational tools and public art pieces. Natassia has collaborated on multiple large-scale Indigenous murals that can be found throughout Sooke and Victoria's harbour.

NEW IN PAPERBACK

Children's Picture Book – Nonfiction (ages 4-8) / Indigenous

March 2022 • \$12.95

9781772033786 • softcover

9" × 9", 32 pages, full colour

Spathelfer's home: Sooke, BC

Davies' home: Victoria, BC

Heritage House Publishing /

RIGHTS HELD: World, all languages

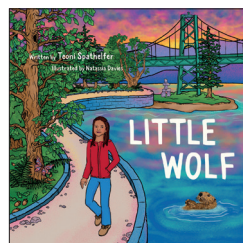
AVAILABLE VIA UTP: Yes

Ebook also available

MARKETING & PROMO:

- Social media campaigns, blogger outreach, digital collateral for online use
- Excerpts available
- Electronic ARCs
- Electronic blads

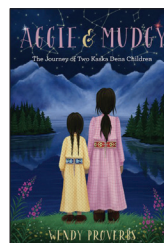
OF RELATED INTEREST



Little Wolf

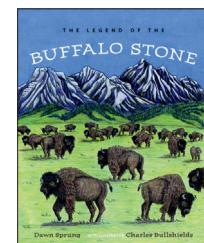
9781772033472, \$19.95, hc

9781772033809, \$12.95, pb



Aggie and Muddy

9781772033755, \$14.95

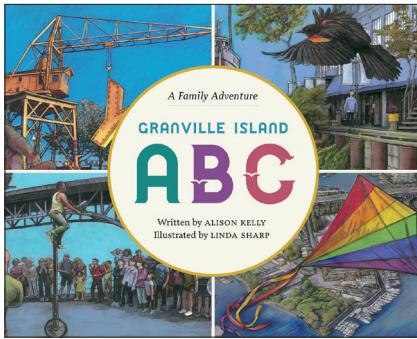


The Legend of the Buffalo Stone

9781927527412, \$19.95, hc

9781927527481, \$12.95, pb





Children's Picture Book – Nonfiction (ages 4-8) /
Local Interest (BC)
March 2022 • \$22.95
9781772034073 • hardcover, cloth over board
 10" x 8", 64 pages, colour illustrations
 Kelly's home: North Vancouver, BC
 Sharp's home: North Vancouver, BC
 Heritage House Publishing
 RIGHTS HELD: World, all languages
 AVAILABLE VIA UTP: No
 Ebook also available

MARKETING & PROMO:

- Regional and subject-specific print features, excerpts, review coverage, broadcast and television interviews
- Social media campaigns, blogger outreach, digital collateral for online use
- Outreach to subject-specific organizations, markets and festivals
- Outreach to travel and tourism organizations
- Excerpts available
- Electronic ARCs
- Electronic blads

Granville Island ABC

A Family Adventure

Alison Kelly

Illustrated by Linda Sharp

A whimsical exploration of Vancouver's favourite family landmark, filled with gorgeous illustrations and fascinating facts.

Granville Island ABC is a visual treasure hunt that invites families to explore the sights, sounds, and smells of this exciting arts and culture destination. With fun (and mostly free) discoveries for every letter of the alphabet—from buskers to houseboats, industrial relics to pirate ships, seawalls to turtles—this book is the perfect companion to a family outing. Interesting facts, a detailed map, a historical timeline, and text that fosters observation and entertainment are sure to appeal to locals and tourists alike. Colourful illustrations contain hidden details and capture Granville Island's uniquely industrial and artistic, historical and modern, urban and wild character.

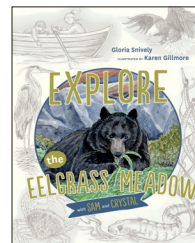
Alison Kelly is a playwright, actor, writer, and theatre instructor. She is best known as one of the writers and performers of the award-winning, internationally acclaimed play *Mom's The Word*, and the sequels, *Mom's the Word 2: Unhinged*, *Mom's The Word: For Crying Out Loud*, *Mom's The Word: Nest 1/2 Empty*, and, upcoming, *Mom's The Word: Let's Talk Turkey*. Her essay "Present Imperfect" appears in the Canadian bestseller *Between Interruptions*. *Granville Island ABC* is her first book for children and families.

Linda Sharp is an artist and set designer who holds a Bachelor of Fine Arts from the University of Alberta. She works in fabric and paint, using oilsticks to capture movement and visual energy. Linda volunteers with North Vancouver Community Players and Theatre West Van, designing graphics and painting sets. She is the illustrator of the bestselling book *The Grizzlies of Grouse Mountain*, by Shelley Hrdlitschka and Rae Schidlo.

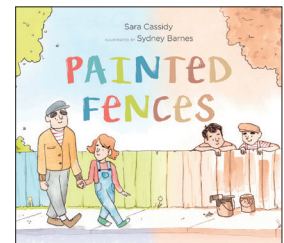
OF RELATED INTEREST



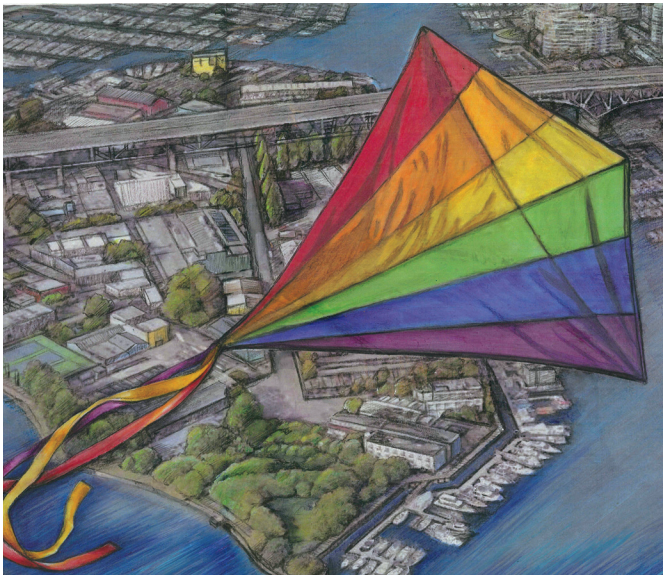
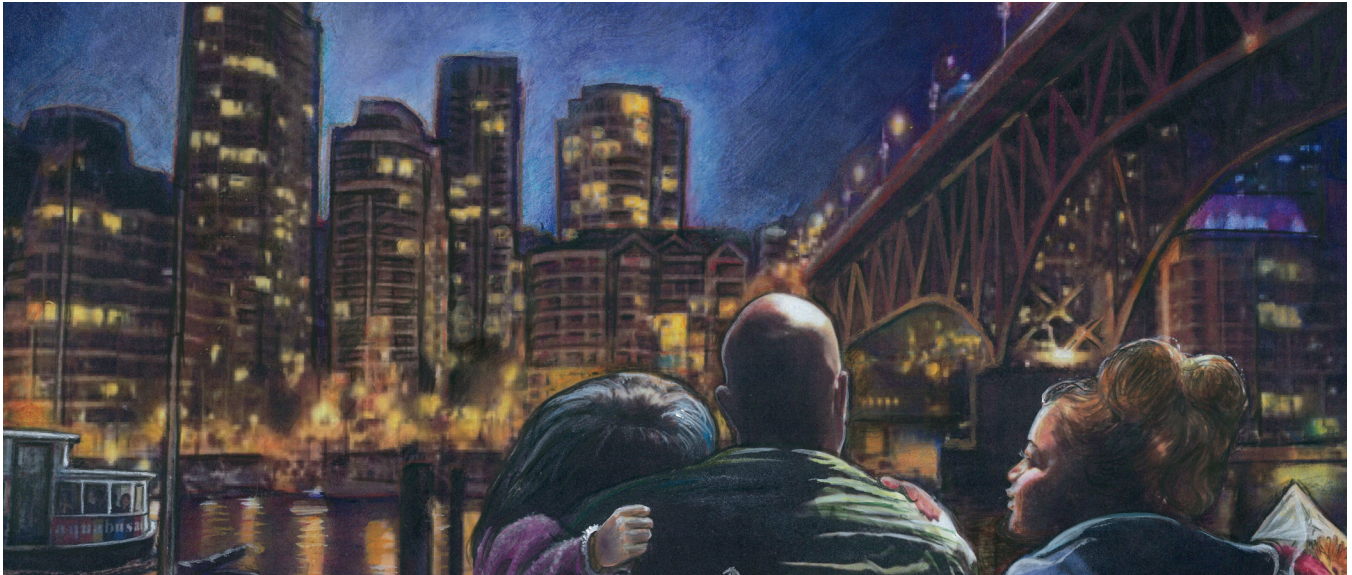
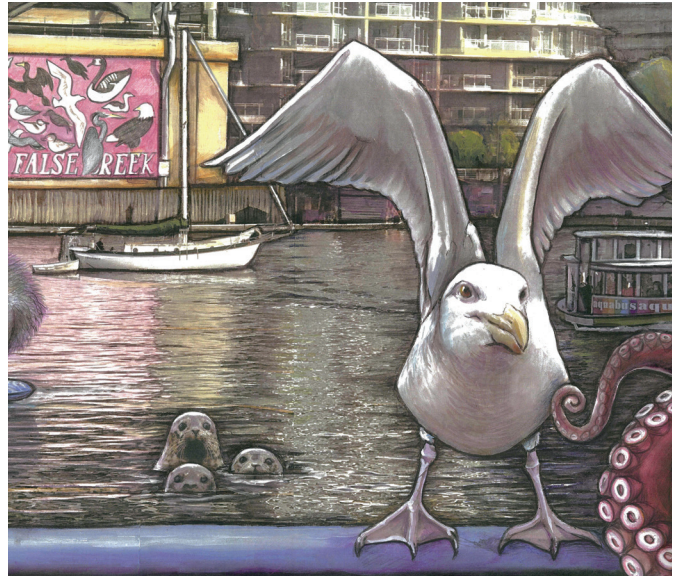
The Grizzlies of Grouse Mountain
 9781772032772, \$19.95

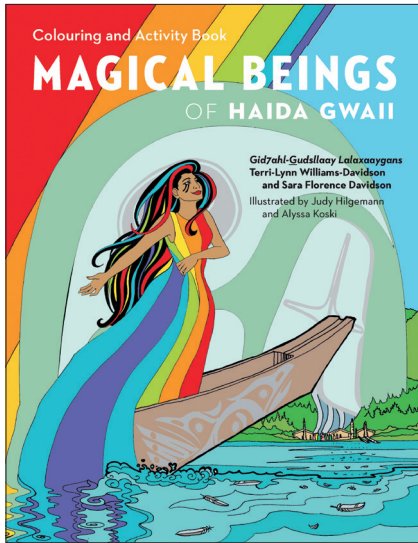


Explore the Eelgrass Meadow with Sam and Crystal
 9781772033199, \$22.95



Painted Fences
 9781772033519, \$19.95





Children's Colouring Book (ages 4-8) / Indigenous
 April 2022 • \$16.95
 9781772033854 • softcover
 8.5" x 11", 48 pages, b&w illustrations
 Williams-Davidson's home: White Rock, BC
 Davidson's home: Abbotsford, BC
 Heritage House Publishing
 RIGHTS HELD: World, all languages
 AVAILABLE VIA UTP: No
 Ebook not available

MARKETING & PROMO:

- Regional and subject-specific print features, excerpts and review coverage
- Social media campaigns, blogger outreach, digital collateral for online use
- Outreach to subject-specific organizations, markets and festivals
- Outreach to travel and tourism organizations
- Electronic ARCs

Magical Beings of Haida Gwaii Colouring and Activity Book

Terri-Lynn Williams-Davidson and Sara Florence Davidson
 Illustrated by Judy Hilgemann and Alyssa Koski

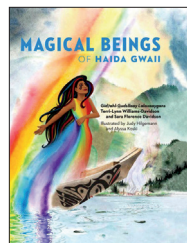
Featuring beautiful images of ten Haida Supernatural Beings, this colouring and activity book introduces children to ancient narratives that promote living in harmony with the natural world.

With gorgeous, detailed colouring pages depicting ten strong female figures from ancient Haida narratives, this colouring and activity book is an engaging way for children to express their creativity and learn to connect with the land, sea, and sky. Developed by renowned Haida activist, lawyer, performer, and artist Terri-Lynn Williams-Davidson and Haida educator Sara Florence Davidson, this book is a companion to the best-selling picture book *Magical Beings of Haida Gwaii*, though it can be used independently—either for fun or as part of an educational curriculum for early primary grades. Each image is accompanied by a poem and a series of questions or writing prompts, teaching children about the symbolism contained in the images and the qualities each magical being represents.

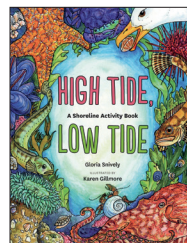
Terri-Lynn Williams-Davidson is a multi-award-winning Haida musician, an artist, and lawyer, well known for her work in Indigenous-environmental law and as a keeper of traditions. She is the author of *Out of Concealment: Female Supernatural Beings of Haida Gwaii*. Born and raised in Haida Gwaii, Terri-Lynn has dedicated herself to the continuation of Haida culture. On the front lines of Indigenous Rights, she strives to open new vistas to her audiences rooted in Indigenous world views, Haida language and laws, music, and oral traditions, and branches out to explore their relevance to contemporary society.

Sara Florence Davidson is a Haida/Settler educator who has a PhD in Literacy Education from the University of British Columbia. She is an Assistant Professor in the Faculty of Education at Simon Fraser University. She is the co-author, with her father, Robert Davidson, of *Potlatch as Pedagogy, Returning to the Yakoun River, Learning to Carve Argillite*, and *Jigging for Halibut*. She loves walks with her dog, reading books, drinking tea, and knitting.

OF RELATED INTEREST



Magical Beings of Haida Gwaii
 9781772032963, \$22.95, hc
 9781772033700, \$14.95, pb



High Tide, Low Tide
 9781772033212, \$16.95



Spirit of the Wild
 9781772031157, \$16.95



KULGAAY.YUGUNG JAAD
Butterfly Woman

Original art:
CidZahl Gudilaay Lalaxaaygans
Gaud San Clans

Terri-Lynn Williams-Davidson
Robert Davidson

Illustrations and line art:
Judy Hilgemann
Alyssa Koski

Butterfly Woman | Kulgaayugung Jaad

Butterfly-To-Be is filled with a gigantic hunger!

She is so hungry
that she eats everything that surrounds her
in her lush green world.

Then,
when she is full
she hides away from the light
and escapes into her cocoon.

There,
She is protected
As she faces the unknown.

She has to fight hard on her journey.

Finally,
she comes out of her cocoon
and her transformation
is complete.

Butterfly Woman is a delicate spirit.
She is wise,
and she reminds us
to look for the good,
to be grateful for what we have,
and to always
be inspired.



[7]

Activity: Gratitude Scavenger Hunt (Indoor or outdoor or both)

- 1 Read the poem "Butterfly Woman/K ulG aayugung" aloud
- 2 Think of ways we can look for the good things in our lives and be more grateful for the gifts all around us.
- 3 Create a Gratitude Scavenger Hunt based on your ideas. Find the following:
 - a Something that smells good
 - b Something that makes you smile
 - c Something that would make someone else smile.
 - d Something that could be a nice gift
 - e Something that feels smooth in your hands
 - f Something that you like to look at, but cannot hold
 - g Something brightly coloured
 - h Something in your favourite colour
- 4 Collect, take pictures, or write down what you found.
- 5 Share and compare your Gratitude Scavenger finds with your family or friends.

Activity: Create a Beaded Butterfly

Supplies Needed:

- 5 pieces floral wire (cut to approximately five inches long)
- Floral tape
- Wooden skewer
- Wire cutter
- Glass, wooden, paper or seed beads

Consider using environmentally friendly options such as beads made from actual seeds.

Directions:

- 1 String beads on four pieces of wire at least five inches in length.
- 2 Make a circle and twist off the beads on the wire, leaving plenty of wire below to attach the other butterfly parts together.
- 3 Form ovoid shaped wings.
- 4 String three or four slightly larger beads on a single wire and twist off for the body.
- 5 Twist the ends of the four wing pieces to the body.
- 6 Combine all five wires and twist to a single skewer.
- 7 Wrap the skewer with floral tape, covering the loose wire ends.
- 8 Add to a flower arrangement, a flower box, or share as a gift of gratitude to a friend or loved one.

Get Outside!

Imagine you are as small as a butterfly and you can fly from flower to flower.

SEE: Look around you, what can you see?

LISTEN: Close your eyes, what can you hear?

SMELL: Breathe in deeply, what can you smell?

TASTE: Open your mouth, what can you imagine tasting?

TOUCH: Put out your hands, what can you feel?

Write down what all of your senses experienced. Use this to write about being a butterfly or being outside.

Create a Butterfly Garden

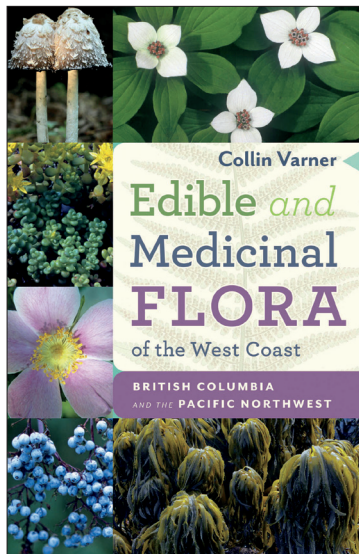
Go to your local plant and gardening store and buy butterfly attracting seeds or starter plants. Plant them in containers near your porch or windows to get a closer look at butterflies this summer.

For Ideas On How To Plant A Butterfly Garden

https://kidsgardening.wpengine.com/wp-content/uploads/2016/03/KG_GardenActivities-plantabutterflygarden.pdf

[9]



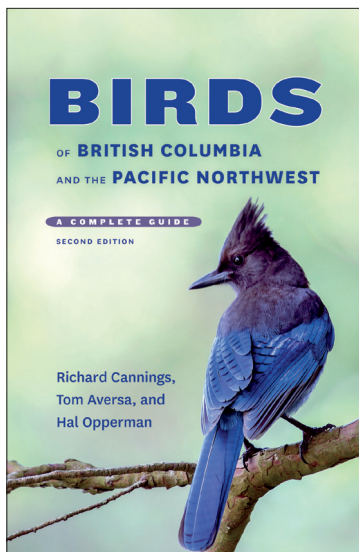


Edible and Medicinal Flora of the West Coast

Collin Varner

9781772033236, sc, \$22.95

A clear, concise guide to more than 200 edible and medicinal plants and fungi that grow wild throughout the west coast of British Columbia and the Pacific Northwest states.



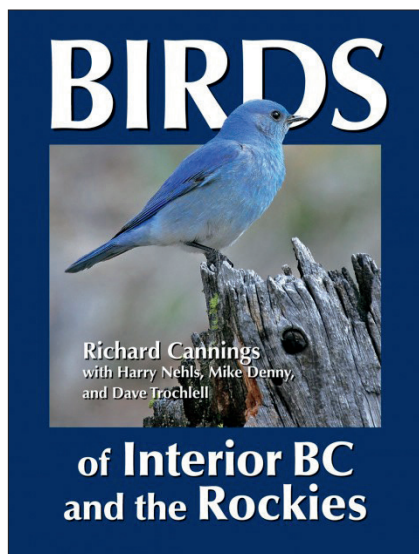
Birds of British Columbia and the Pacific Northwest

A Complete Guide, Second Edition

Richard Cannings, Tom Aversa, Hal Opperman

9781772033274, sc, \$29.95

The ultimate bestselling field guide to birds of the Pacific Northwest bioregion.

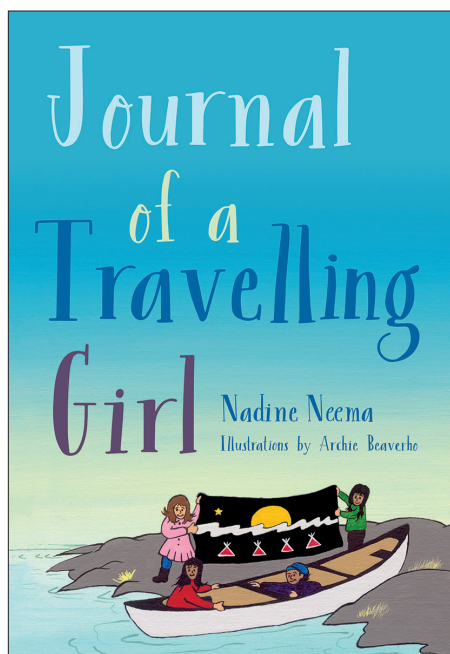


Birds of Interior BC and the Rockies

Richard Cannings, with Harry Nehls, Mike Denny, and Dave Trochlell

9781894974592, sc, \$19.95

A handy pocket guide to more than 250 bird species, from the eastern slopes of the Coast Mountains to the Rockies.



9781772033175, sc, \$12.95

Journal of a Travelling Girl

Nadine Neema

Illustrated by Archie Beaverho

This fictional coming-of-age story traces a young girl's reluctant journey by canoe through the ancestral lands of the Tłı̨ch̨o People, as she gradually comes to understand and appreciate their culture and the significance of their fight for self-government.

- * **Shortlist:** Canadian Children's Book Centre (CCBC) Geoffrey Bilson Historical Fiction Award
- * **Shortlist:** Canadian Children's Book Centre (CCBC) Jean Little First-Novel Award
- * **Shortlist:** Quebec Writers Federation Janet Savage Blachford Prize for Children's and Young Adult Literature
- * **Longlist:** First Nation Communities READ PC Indigenous Literature Award

"A truly engaging story of a young girl's coming of age as she embarks on a reluctant canoe trip with her friends and their families... *Journal of a Travelling Girl* takes readers on a culturally enlightening journey filled with adventure and discovery...bringing out the beauty of the North and the Tłı̨ch̨o culture... This book should be in every school library."

—Jury for the 2021 CCBC Geoffrey Bilson Award for Historical Fiction for Young People

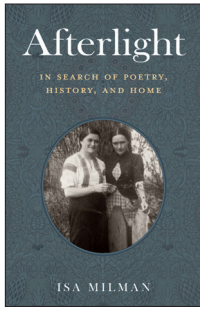
"*Journal of a Travelling Girl* gives young readers the chance to imagine themselves on a journey as they read about it through the main character... Neema clearly conveys the modes of teaching afforded by the journey and the community's Elders, as well as the historic moment the Tłı̨ch̨o Agreement for self-government and land ownership came into effect... The author shares from a place of knowledge, in deep collaboration with the First Nation concerned... This is an important story, not just for those whose lives it touches directly, but for all in Canada."

—Jury for the 2021 CCBC Jean Little First-Novel Award

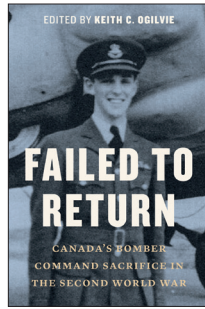
"Full of respect and love of both the land and its peoples. A tale rich with history and heart, [the book] uplifts and edifies its readers, not only as a tale of a young girl dealing with grief, but as part of the broader conversation surrounding Indigenous communities and their sovereignty, and the path to reconciliation... A good example of collaboration and respectful relationships being developed between the author and the community she is writing about; this is key in the ethics of sharing Indigenous stories and teachings."

—Jury for the 2021 QWF Janet Savage Blachford Prize

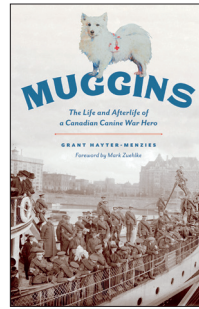




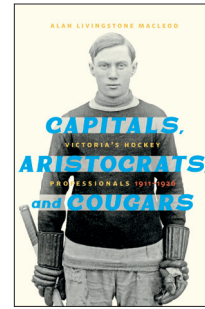
Afterlight
 Isa Milman
 9781772033830 • \$24.95 pb



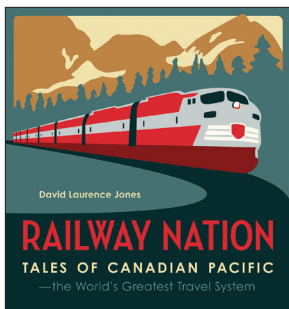
Failed to Return
 Keith C. Ogilvie (ed.)
 9781772033816 • \$26.95 pb



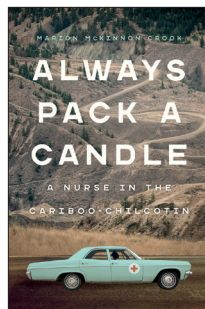
Muggins
 Grant Hayter-Menzies
 9781772033717 • \$22.95 pb



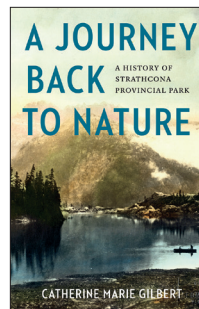
Capitals, Aristocrats, and Cougars
 Alan Livingstone MacLeod
 9781772033731 • \$26.95 pb



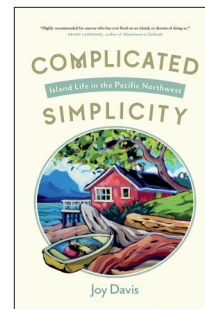
Railway Nation
 David Laurence Jones
 9781772033496 • \$34.95 pb



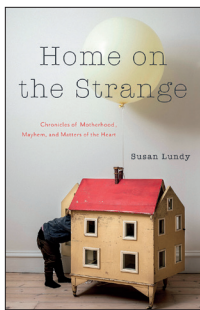
Always Pack a Candle
 Marion McKinnon Crook
 9781772033625 • \$22.95 pb



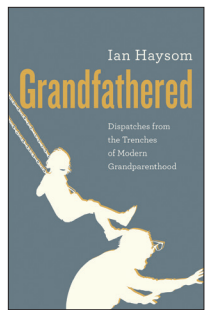
A Journey Back to Nature
 Catherine Marie Gilbert
 9781772033588 • \$26.95 pb



Complicated Simplicity
 Joy Davis
 9781772032703 • \$22.95 pb



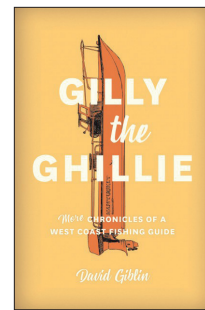
Home on the Strange
 Susan J. Lundy
 9781772033649 • \$22.95 pb



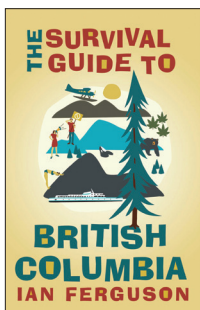
Grandfathered
 Ian Haysom
 9781772033335 • \$22.95 pb



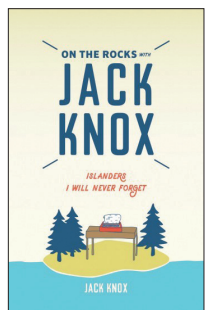
The Codfish Dream
 David Giblin
 9781772032420 • \$19.95 pb



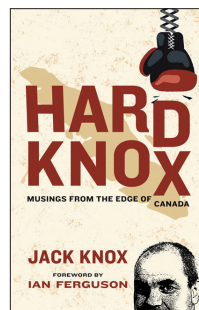
Gilly the Ghillie
 David Giblin
 9781772033359 • \$19.95 pb



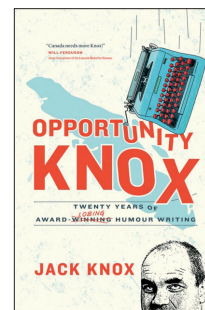
The Survival Guide to British Columbia
 Ian Ferguson
 9781772032840 • \$19.95 pb



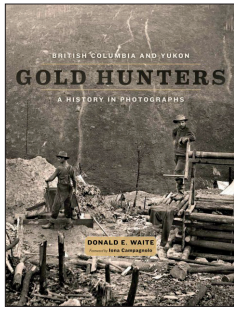
On the Rocks with Jack Knox
 Jack Knox
 9781772032666 • \$19.95 pb



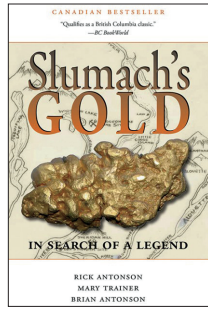
Hard Knox
 Jack Knox
 9781772031492 • \$19.95 pb



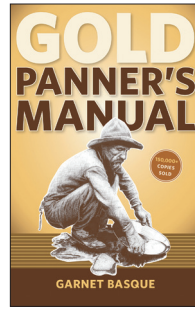
Opportunity Knox
 Jack Knox
 9781772032086 • \$19.95 pb



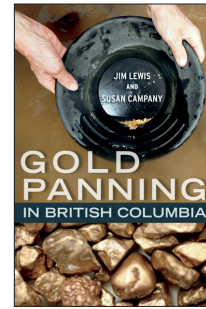
British Columbia and Yukon Gold Hunters
 Donald E. Waite
 9781772030778 • \$29.95 pb



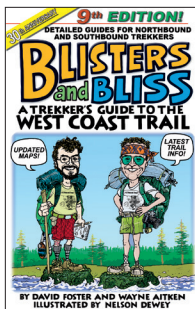
Slumach's Gold
 Rick Antonson, Brian Antonson, Mary Trainer
 9781894974356 • \$14.95 pb



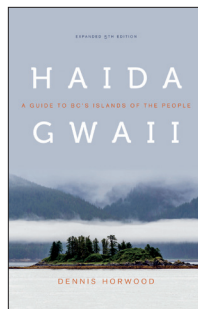
Gold Panner's Manual
 Garnet Basque
 9781927051375 • \$14.95 pb



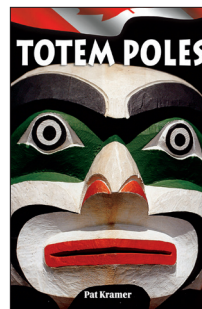
Gold Panning in British Columbia
 Jim Lewis, Susan Campamy
 9781927527122 • \$16.95 pb



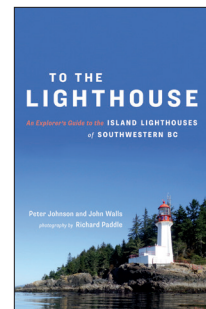
Blisters and Bliss
 David Foster, Wayne Aitken, Nelson Dewey
 9781772032611 • \$16.95 pb



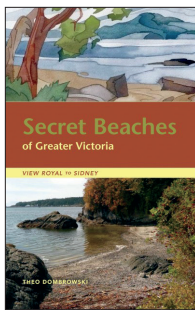
Haida Gwaii
 Dennis Horwood
 9781772031225 • \$24.95 pb



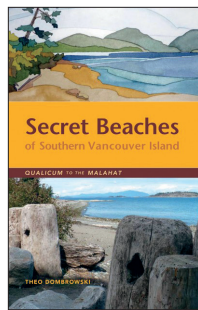
Totem Poles
 Pat Kramer
 9781894974448 • \$19.95 pb



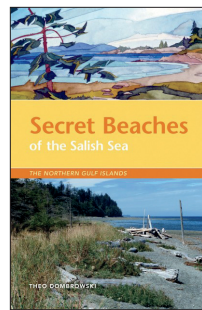
To the Lighthouse
 Peter Johnson, John Walls, Richard Paddle
 9781772030464 • \$19.95 pb



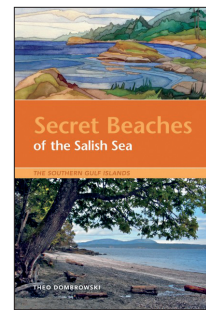
Secret Beaches of Greater Victoria
 Theo Dombrowski
 9781894974981 • \$26.95 pb



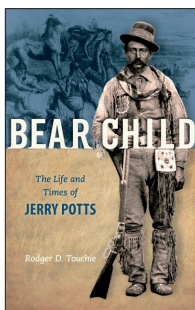
Secret Beaches of Southern Vancouver Island
 Theo Dombrowski
 9781894974974 • \$26.95 pb



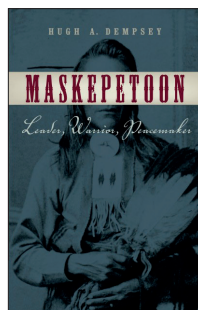
Secret Beaches of the Salish Sea: The Northern Gulf Islands
 Theo Dombrowski
 9781927051337 • \$26.95 pb



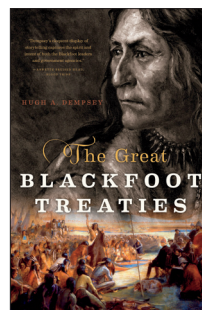
Secret Beaches of the Salish Sea: The Southern Gulf Islands
 Theo Dombrowski
 9781927051306 • \$26.95 pb



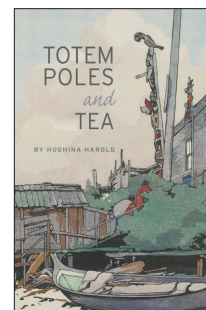
Bear Child
 Rodger D. Touchie
 9781894384636 • \$19.95 pb



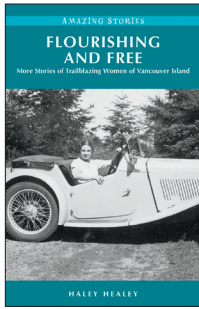
Maskepetoon
 Hugh Dempsey
 9781926613680 • \$19.95 pb



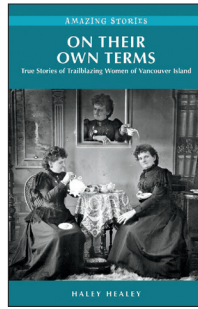
The Great Blackfoot Treaties
 Hugh Dempsey
 9781772030785 • \$22.95 pb



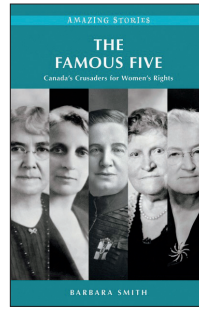
Totem Poles and Tea
 Hughina Harold
 9781894974134 • \$19.95 pb



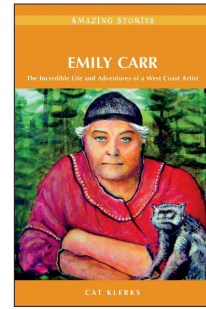
Flourishing and Free
 Haley Healey
 9781772033533 • \$9.95 pb



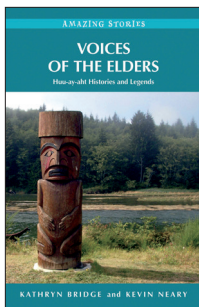
On Their Own Terms
 Haley Healey
 9781772033250 • \$9.95 pb



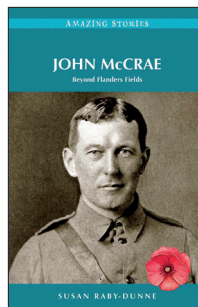
The Famous Five
 Barbara Smith
 9781772032338 • \$9.95 pb



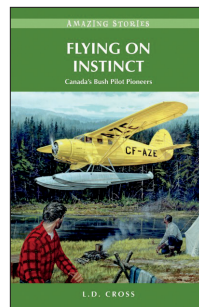
Emily Carr
 Cat Klerks
 9781772030877 • \$9.95 pb



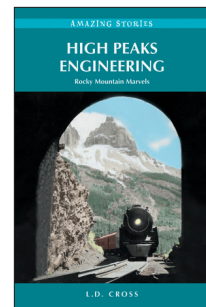
Voices of the Elders
 Kathryn Bridge
 9781927051948 • \$9.95 pb



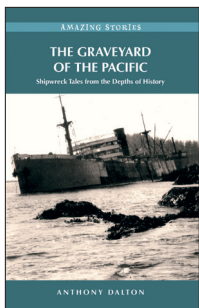
John McCrae
 Susan Raby-Dunne
 9781772031577 • \$9.95 pb



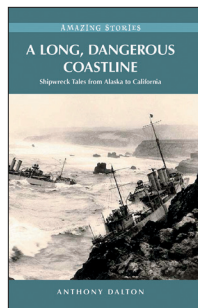
Flying on Instinct
 L.D. Cross
 9781927051849 • \$9.95 pb



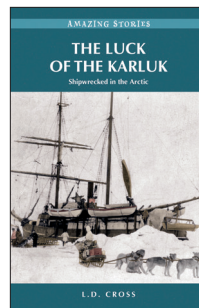
High Peaks Engineering
 L.D. Cross
 9781927527801 • \$9.95 pb



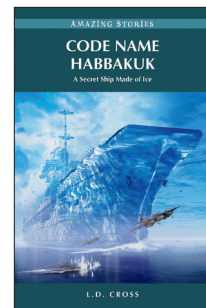
The Graveyard of the Pacific
 Anthony Dalton
 9781926613314 • \$9.95 pb



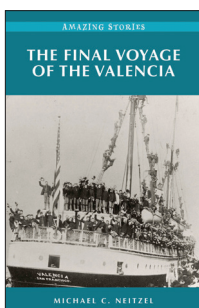
A Long, Dangerous Coastline
 Anthony Dalton
 9781926613734 • \$9.95 pb



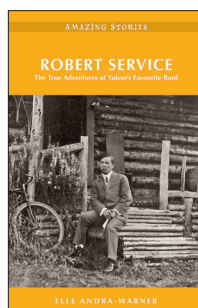
The Luck of the Karluk
 L.D. Cross
 9781772030204 • \$9.95 pb



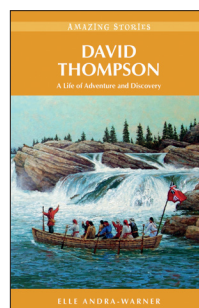
Code Name Habbakuk
 L.D. Cross
 9781927051474 • \$9.95 pb



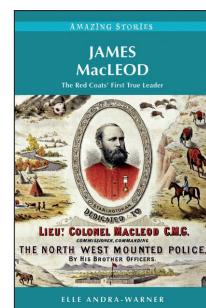
The Final Voyage of the Valencia
 Michael C. Neitzel
 9781772033151 • \$9.95 pb



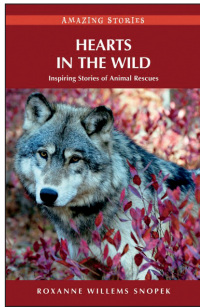
Robert Service
 Elle Andra-Warner
 9781772033311 • \$9.95 pb



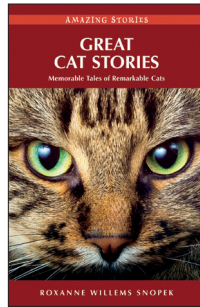
David Thompson
 Elle Andra-Warner
 9781926613321 • \$9.95 pb



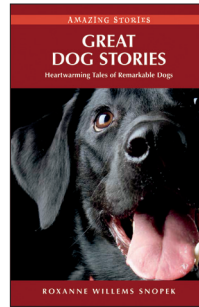
James MacLeod
 Elle Andra-Warner
 9781927051757 • \$9.95 pb



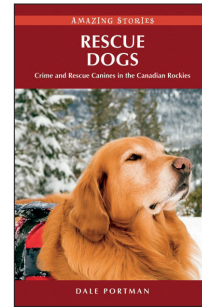
Hearts in the Wild
 Roxanne Willems Snopek
 9781927527283 • \$9.95 pb



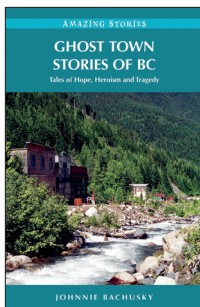
Great Cat Stories
 Roxanne Willems Snopek
 9781926613963 • \$9.95 pb



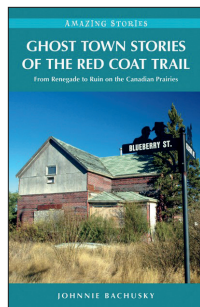
Great Dog Stories
 Roxanne Willems Snopek
 9781926613970 • \$9.95 pb



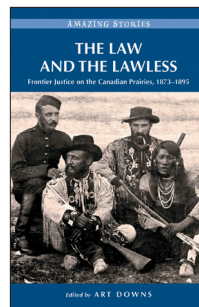
Rescue Dogs
 Dale Portman
 9781894974783 • \$9.95 pb



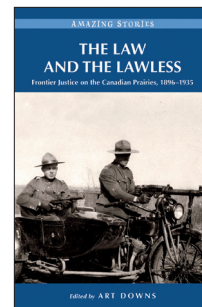
Ghost Town Stories of BC
 Johnnie Bachusky
 9781894974738 • \$9.95 pb



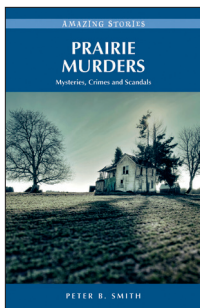
Ghost Town Stories of the Red Coat Trail
 Johnnie Bachusky
 9781926613703 • \$9.95 pb



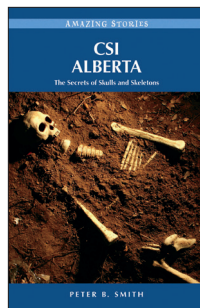
The Law and the Lawless Canadian Prairies, 1873-1895
 Art Downs
 9781927527863 • \$9.95 pb



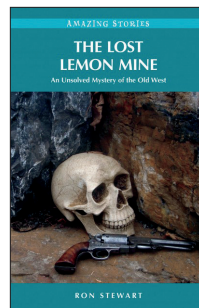
The Law and the Lawless Canadian Prairies, 1896-1935
 Art Downs
 9781772030266 • \$9.95 pb



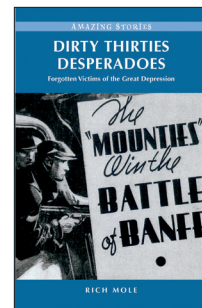
Prairie Murders
 Peter B. Smith
 9781894974714 • \$9.95 pb



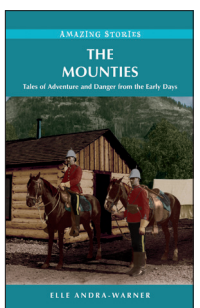
CSI Alberta
 Peter B. Smith
 9781894974844 • \$9.95 pb



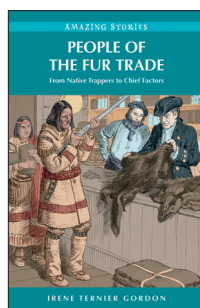
The Lost Lemon Mine
 Ron Stewart
 9781926613994 • \$9.95 pb



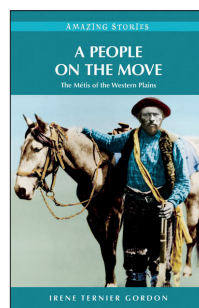
Dirty Thirties Desperadoes
 Rich Mole
 9781926613956 • \$9.95 pb



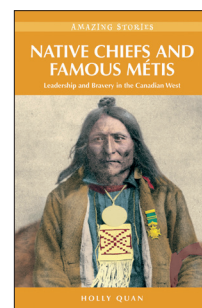
The Mounties
 Elle Andra-Warner
 9781894974677 • \$9.95 pb



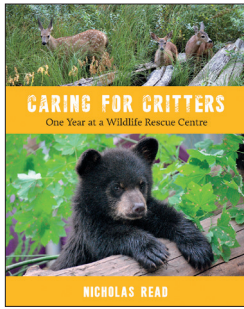
People of the Fur Trade
 Irene Ternier Gordon
 9781926936925 • \$9.95 pb



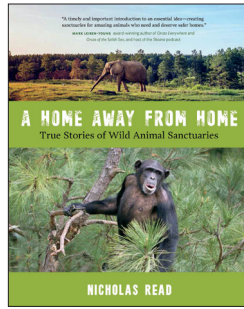
A People on the Move
 Irene Ternier Gordon
 9781894974851 • \$9.95 pb



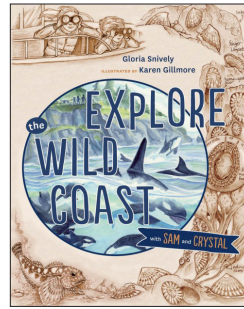
Native Chiefs and Famous Métis
 Holly Quan
 9781894974745 • \$9.95 pb



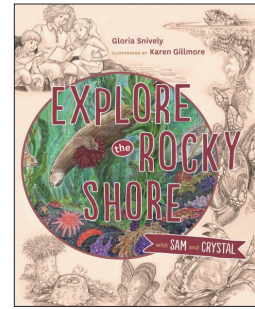
Caring for Critters
 Nicholas Read
 9781772033878 • \$19.95 pb



A Home Away from Home
 Nicholas Read
 9781772032192 • \$19.95 pb



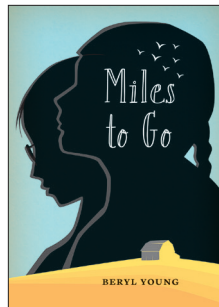
Explore the Wild Coast with Sam and Crystal
 Gloria Snively, Karen Gillmore
 9781772031676 • \$22.95 hc



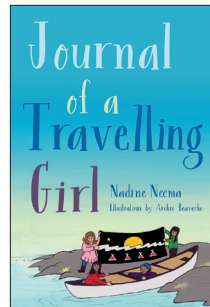
Explore the Rocky Shore with Sam and Crystal
 Gloria Snively, Karen Gillmore
 9781772032369 • \$22.95 hc



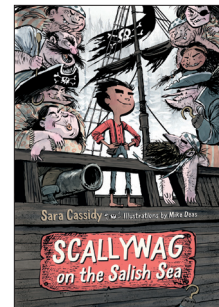
Lost on the Prairie
 MaryLou Driedger
 9781772033687 • \$14.95 pb



Miles to Go
 Beryl Young
 9781772032642 • \$12.95 pb



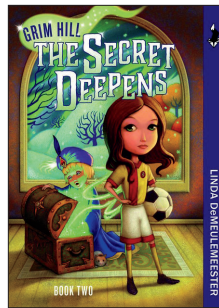
Journal of a Travelling Girl
 Nadine Neema, Archie Beaverho
 9781772033175 • \$12.95



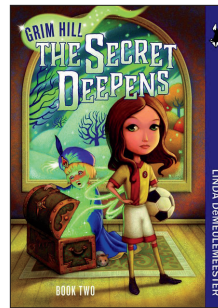
Sallywag on the Salish Sea
 Sara Cassidy, Mike Deas
 9781772032789 • \$9.95 pb



The Secret of Grim Hill
 Linda DeMeulemeester
 9781772030747 • \$12.95 pb



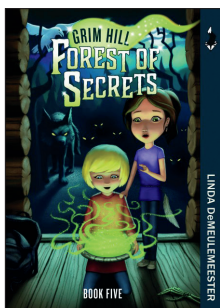
The Secret Deepens
 Linda DeMeulemeester
 9781772030945 • \$12.95 pb



The Forgotten Secret
 Linda DeMeulemeester
 9781772030945 • \$12.95 pb



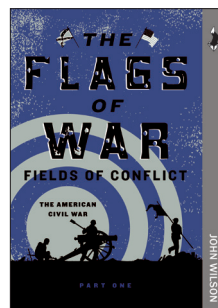
The Family Secret
 Linda DeMeulemeester
 9781772031034 • \$12.95 pb



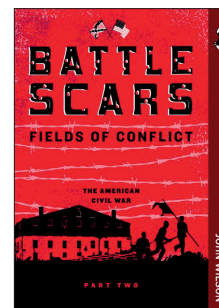
Forest of Secrets
 Linda DeMeulemeester
 9781772031393 • \$12.95 pb



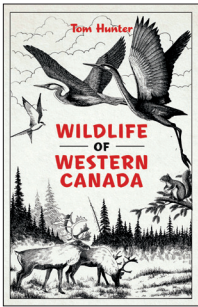
Carnival of Secrets
 Linda DeMeulemeester
 9781772031423 • \$12.95 pb



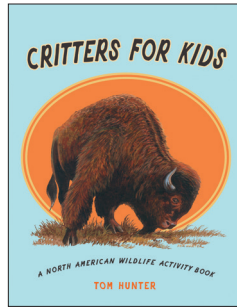
The Flags of War
 John Wilson
 9781772030709 • \$12.95 pb



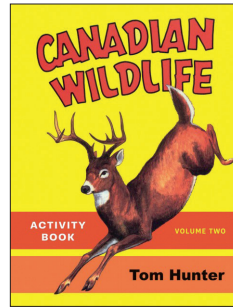
Battle Scars
 John Wilson
 9781772030938 • \$12.95 pb



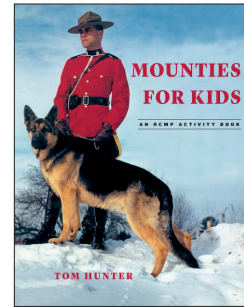
Wildlife of Western Canada
 Tom Hunter
 9781772031201 • \$12.95 pb



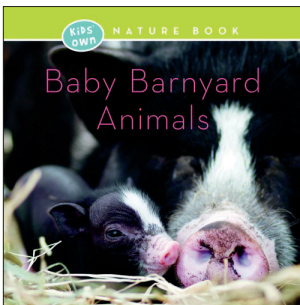
Critters for Kids
 Tom Hunter
 9781772032826 • \$12.95 pb



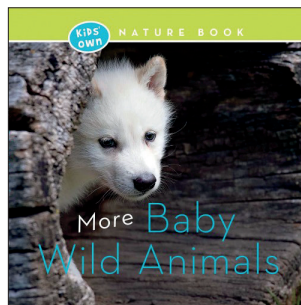
Canadian Wildlife Activity Book, Volume 2
 Tom Hunter
 9781772032802 • \$12.95 pb



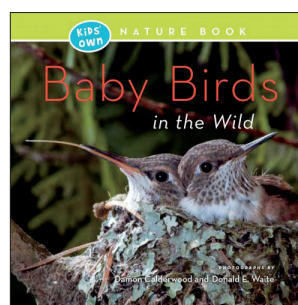
Mounties for Kids
 Tom Hunter
 9781772032833 • \$9.95 pb



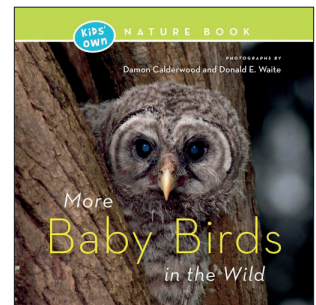
Baby Barnyard Animals
 Heritage House (ed.)
 9781772031454 • \$6.95 pb



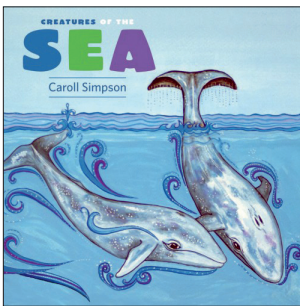
More Baby Wild Animals
 Heritage House (ed.)
 9781772031386 • \$6.95 pb



Baby Birds in the Wild
 Damon Calderwood, Donald E. Waite
 9781772030648 • \$6.95 pb



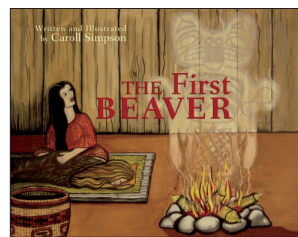
More Baby Birds in the Wild
 Damon Calderwood, Donald E. Waite
 9781772031195 • \$6.95 pb



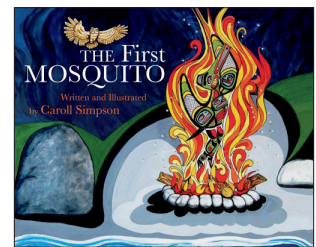
Creatures of the Sea
 Caroll Simpson
 9781772032017 • \$12.95 board book



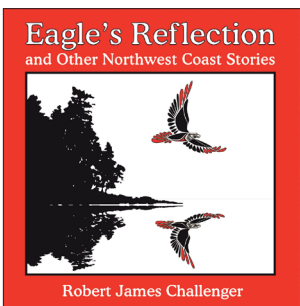
Creatures of the Land and Sky
 Caroll Simpson
 9781772032000 • \$12.95 board book



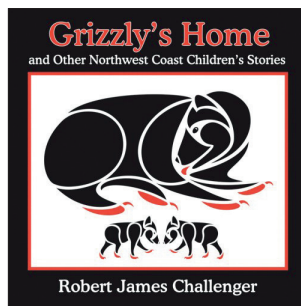
The First Beaver
 Caroll Simpson
 9781772030624 • \$12.95 pb



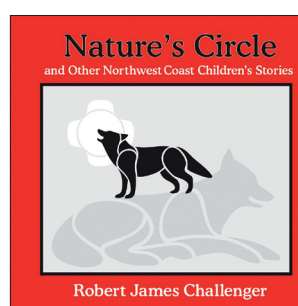
The First Mosquito
 Caroll Simpson
 9781772030631 • \$12.95 pb



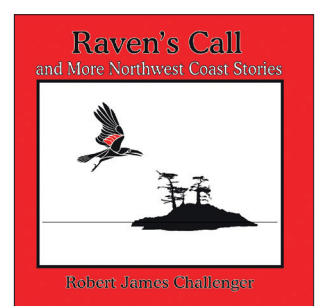
Eagle's Reflection
 Robert James Challenger
 9781895811070 • \$9.95 pb



Grizzly's Home
 Robert James Challenger
 9781894384940 • \$9.95 pb



Nature's Circle
 Robert James Challenger
 9781894384773 • \$9.95 pb



Raven's Call
 Robert James Challenger
 9781895811919 • \$9.95 pb

INDEX

11,000ers of the Canadian Rockies, The, 90
25 Places in Canada Every Family Should Visit, 93
111 West Coast Literary Portraits, 104

A

ABALONE WOMAN, 24

Active Vancouver, 48, 62, 90

ADVENTURE ROADS OF BC'S NORTHWEST HEARTLAND, 16

Adventures on the West Coast of Vancouver Island, 101

Afterlight, 80

Against the Current, 95

Aggie and Mudgy, 26

Alberta, 18

Alberta Book, 38, 88

ALBERTA'S CORNERSTONE, 18

All That Glitters, 86

All the Dirt, 68

All the Quiet Places, 77, 96

All the Sweet Things, 92

Aloft, 34, 88

ALONE TOGETHER, 38

Along the E&N, 93

Along the Western Front, 38, 88

Alpine Warriors, 86

Always Brave, Sometimes Kind, 96

Always Pack a Candle, 80

Anchorage and Marine Parks, 101

Animal Tracks & Signs of the Northwest, 100

Anna, Like Thunder, 72

Aqua Vitae, 93

Arctic Journals of John Rae, The, 97

A River Captured, 44

As A Dog Thinketh, 77, 93

At Home in Nature, 42

B

Baby Barnyard Animals, 85

Baby Birds in the Wild, 85

Backcountry Avalanche Safety, 91

Backroad Mapbook: Canadian Rockies, 98

Backroad Mapbook: Cariboo Chilcotin Coastal BC, 98

Backroad Mapbook: Cariboo Region Fishing Mapbook, 98

Backroad Mapbook: Central Alberta, 98

Backroad Mapbook: Kootenay Rockies, 98

Backroad Mapbook: Manitoba, 98

Backroad Mapbook: Northeastern Ontario, 98

Backroad Mapbook: Northern Alberta, 98

Backroad Mapbook: Northern British Columbia, 98

Backroad Mapbook: Nova Scotia, 98

Backroad Mapbook: Ontario Cottage Country, 98

Backroad Mapbook: Ontario Northwest, 98

Backroad Mapbook: Saskatchewan, 98

Backroad Mapbook: Southern Alberta, 98

Backroad Mapbook: Southern Ontario, 98

Backroad Mapbook: Thompson Okanagan, 98

Backroad Mapbook: Vancouver Coast & Mountains, 99

Backroad Mapbook: Vancouver Island, 99

Backroad Mapbook: Vancouver Island Fishing, 99

Barkerville, 14

Battle Scars, 84

Bear Child, 81

Beauty by Design, 70

Beaver is Eating My Canoe, A, 103

Be Free, 86

Beginner's Guide to Snowshoeing in the Canadian Rockies, A, 91

BEST HIKES AND NATURE WALKS WITH KIDS IN AND AROUND SOUTHWESTERN BRITISH COLUMBIA, 79

BE THE CHANGE, 79

Beyond Beauty, 70

Bikepacking in the Canadian Rockies, 50, 90

Birds of British Columbia and the Pacific Northwest, 10, 32

Birds of Interior BC and the Rockies, 32

Bisous and Brioche, 92

Black Bears in the Carrot Field, 104

Blisters and Bliss, 81

blue gait: new poems, 104

Boom and Bust, 93

Borrowed Time, 38, 88

British Columbia and Yukon Gold Hunters, 81

Broken Boat, The, 104

BROKEN CIRCLE, 2

C

Campfire Stories from Coast to Coast, 12

Campfire Stories of Western Canada, 12

CAMPING BRITISH COLUMBIA, THE ROCKIES, AND YUKON, 12

Canada's Arctic, 101

Canadian Rockies: Rediscovered, The, 34

Canadian Wildlife Activity Book, Volume 2, 85

Capitals, Aristocrats, and Cougars, 80

CARBON FOOTPRINT OF EVERYTHING, THE, 78

Carefree Garden, The, 70

Caring for Critters, 84

Carnival of Secrets, 84

Cedar, 102

Cedar and Salt, 92

Celebrating Vancouver, 10

Cheadle's Journal, 97

City in Colour, 93

Code Name Habbakuk, 82

Codfish Dream, The, 80

Cold Comfort, 88

Come 'n' Get It, 18

Common Birds of Coastal BC, WA & OR, 100

Common Birds of Interior BC, 100

Common Birds of Ontario, 100
 Common Mushrooms of the Northwest, 100
 Common Seashore Creatures, 100
 Common Wildflowers of the PNW, 100
 Complicated Simplicity, 80
 Converging Waters, 88
 Corpse with the Golden Nose, The, 94
 Cowherd in Paradise, A, 76
 Craigdarroch Castle in 21 Treasures, 93
 Creatures of the Land and Sky, 85
 Creatures of the Sea, 85
 Critters for Kids, 85
 Cruising Desolation Sound, 101
 Cruising the Inside Passage, 101
 Cruising the Sunshine Coast, 101
 CSI Alberta, 83
 Cuckoo's Child, The, 96
CURIOSITIES, THE, 79
 Cycling the Islands, 50, 90
CYCLING VANCOUVER ISLAND, 50

D
 Dance Me to the End, 95
 Dangerous Spirits, 2
 Dark Moon Walking, 94
 David Thompson, 82
 David Thompson Highway Hiking Guide, The, 52, 90
 Death in a Darkening Mist, 77
 Deceptive Devotion, 77
DECLARATION OF INTERDEPENDENCE, THE, 79
 Dirty Thirties Desperadoes, 83
 Disappearing Minglewood Blues, 104
 Discovering Animals, 89
 Discovering Numbers, 89
 Discovering People, 89
 Discovering Words, 89
 Discovery of a Northwest Passage, The, 97
 Distilleries of Vancouver Island, The, 92
 Docks and Destinations, 101
 Do You Think This Is Strange?, 74
DRAWING OUTDOORS, 79

E
 Eagle's Reflection, 85
 Edible and Medicinal Flora of the West Coast, 8, 32
 Edible & Medicinal Plants of PNW, 100
 Edward Feuz Jr., 86
 E. J. Hughes Book of Boats, 93
 E. J. Hughes Paints British Columbia, 93
 E. J. Hughes Paints Vancouver Island, 93
 Emilio Comici, 86
 Emily Carr, 82
 Emily Carr As I Knew Her, 95

Emily Carr's BC Vol 1 (Van Isl), 101
 Emily Carr's BC Vol 2 (North & Haida), 101
 Emily Carr's BC Vol 3 (South & Interior), 101
 Everyone's Welcome, 92
 Explore Canada, 60, 89
 Explore the Eelgrass Meadow with Sam and Crystal, 28
 Explore the Rocky Shore with Sam and Crystal, 84
 Explore the Wild Coast with Sam and Crystal, 84
 Extraordinary Destiny, An, 74

F
FACE, 74
 Failed to Return, 80
 Family Secret, The, 84
 Family Walks and Hikes in the Canadian Rockies – Volume 1, 54
 Family Walks and Hikes in the Canadian Rockies – Volume 2, 54
 Family Walks and Hikes of Vancouver Island - Volume 1, 58
 Family Walks and Hikes of Vancouver Island - Volume 2, 58
 Family Walks and Hikes on Greater Vancouver's North Shore, 62
 Family Walks & Hikes in the Canadian Rockies - Volume 1, 90
 Family Walks & Hikes in the Canadian Rockies - Volume 2, 90
 Family Walks & Hikes of Vancouver Island - Volume 1, 90
 Family Walks & Hikes of Vancouver Island - Volume 2, 90
 Family Walks & Hikes on Greater Vancouver's North Shore, 90
 Famous Five, The, 82
 Far Pastures, 97
FERMENTING MADE SIMPLE, 66
 Final Voyage of the Valencia, The, 82
 Finlay's River, 97
 First Beaver, The, 85
 First Mosquito, The, 85
 First, We Brunch, 64
 Flag for Canada, A, 101
 Flags of War, The, 84
 Flat Out Delicious, 64
 Flora and Fauna of Coastal British Columbia and the Pacific
 Northwest, The, 8
FLORA AND FAUNA OF STANLEY PARK, THE, 10
 Flourishing and Free, 82
 Flying on Instinct, 82
 Flying Time, 74
 Following the Curve of Time, 95
 Following the Good River, 44, 86
 Food Artisans of Alberta, 92
 Food Artisans of the Okanagan, 92
 Force Field, 104
 Forest of Secrets, 84
FOREST WALKING, 78
 Forgotten Secret, The, 84
FRAMED IN FIRE, 72
 From Bear Rock Mountain, 76
 Frontier Cowboys and the Great Divide, 20

INDEX

G

Gang Ranch: The Real Story, 103
GEOGRAPHY OF MEMORY, THE, 44
Ghost Town Stories of BC, 83
Ghost Town Stories of the Red Coat Trail, 83
Gillean Daffern's Kananaskis Country Trail Guide - Volume 1, 56
Gilly the Ghillie, 80
Glorious Mountains of Vancouver's North Shore, The, 62
Glorious Mountains of Vancouver's North Shore, The, 48, 90
Gold Panner's Manual, 81
Gold Panning in British Columbia, 81
Gold Rush Queen, 95
Gone Viking, 86
Gone Viking II, 86
Good Morning, Takaya, 89
Grandfathered, 80
GRANVILLE ISLAND ABC, 28
Graveyard of the Pacific, The, 82
Great Blackfoot Treaties, The, 81
Great Canadian Ghost Stories, 94
Great Cat Stories, 83
Great Dog Stories, 83
GREATEST POLAR EXPEDITION OF ALL TIME, THE, 78
Grizzlies of Grouse Mountain, The, 28
Grizzly's Home, 85
Gulf Islands Cruising Guide, 101

H

Haida Gwaii, 81
Half Brothers and Other Stories, 104
Hard Knox, 80
Harmon's Journal, 97
Haunting of Vancouver Island, 94
HEALTHY BABY GUT GUIDE, THE, 79
Hearts in the Wild, 83
Heart Waters, 40
HIDDEN KINGDOM OF FUNGI, THE, 78
Hidden Lives, 95
High Peaks Engineering, 82
High Tide, Low Tide, 30
HIKING BOOK FROM HELL, THE, 79
HIKING CANADA'S GREAT DIVIDE TRAIL, 52
Home Away from Home, A, 84
Home on the Strange, 80
Hometown, 94
Honouring High Places, 86
Horseman's Last Call, The, 97
Hotel from Hell, 103
HOW TO CATCH A MOLE, 79

I

Icon, 92
In Nature's Realm, 93

Inner Ranges, 86

IN PRAISE OF PATHS, 79

In Search of Al Howie, 86
Inside Chinatown, 94
In This Together, 95

INVASIVE FLORA OF THE WEST COAST, 8

Island Craft, 92
Island Home, 94

I'S THE B'Y, 79

It Begins in Betrayal, 77
It's Only the Himalayas, 95
I will be more myself in the next world, 104

J

James MacLeod, 82
Jimmy Simpson, 46, 86
John McCrae, 82
John Rae's Arctic Correspondence, 1844-1855, 97
Joseph William McKay, 4
Journal of a Travelling Girl, 33, 84
Journey Back to Nature, A, 80
Journey to the Future, 103
Journey to the Northern Ocean, A, 97
June Mickle, 86

K

KĀ-ĀCIWĪKICIK / THE MOVE, 22

Keeper of the Mountains, 86
Killer in King's Cove, A, 77

KOOTENAY WOLVES, THE, 36

L

Lakes of Victoria, 100
Land of Heart's Delight, The, 93
Last Dance in Shediac, 95
Law and the Lawless Canadian Prairies, 1873-1895, The, 83
Law and the Lawless Canadian Prairies, 1896-1935, The, 83
Leaning on the Wind, 20
Learning by Designing - Vol. 1, 102
Learning By Designing - Vol. 2, 102
Learning By Doing, 102
Legacy of Trees, 10
Legend of the Buffalo Stone, The, 26
Legends, 102

LIFE AND LEGACY OF MURIEL STANLEY VENNE, THE, 4

Life & Art of Arthur Pitts, 104
Life & Art of David Marshall, 104
Life & Art of Edythe Hembroff-Schleicher, 104
Life & Art of Frank Molnar, 104
Life & Art of George Fertig, 104
Life & Art of Harry & Jessie Webb, 104
Life & Art of Ina D.D. Uhthoff, 104
Life & Art of Jack Akroyd, 104

Life & Art of Mary Filer, 105
Life & Art of Mildred Valley Thornton, 105
Lines on a Map, 86
Literary Storefront: the Glory Years, 105
Little Prairie Book of Berries, The, 68
Little Wolf, 24, 26
Lonesome, 93
Long, Dangerous Coastline, A, 82
Looking at Totem Poles, 102
Lost and Found, 86
Lost Lemon Mine, The, 83
Lost on the Prairie, 84
Love of the Salish Sea Islands, 105
Luck of the Karluk, The, 82

M

Magical Beings of Haida Gwaii, 22, 30
**MAGICAL BEINGS OF HAIDA GWAI COLOURING AND
ACTIVITY BOOK, 30**
Map: Algonquin Park, 99
Map: Cariboo Region (waterproof), 99
Map: East Kootenay, 99
Map: Haida Gwaii, 99
Map: Kamloops and Interlakes, 99
Map: Northeastern BC, 99
Map: Okanagan Valley & Shuswap, 99
Map: Squamish, Chilliwack & Merritt, 99
Map: Vancouver Island North, 99
Map: Vancouver Island South, 99
Map: West Kootenay, 99
Maskepetoon, 81
McCulloch's Wonder, 103
Medicinal Mushrooms of Western North America, 100
Medicine Unbundled, 2, 4
Menno-Nightcaps, 92
M.E. Portrayal of Emily Carr, 105
Meteorites, 96
Miles to Go, 84
Milk, Spice and Curry Leaves, 92
Mob Hit on My Grandmother's Dog, 103
Moose on the Loose, 103
More Baby Birds in the Wild, 85
More Baby Wild Animals, 85
More Scrambles in the Canadian Rockies, 90
More Shipwrecks of BC, 103
Mountain Footsteps, 48, 90
Mounties for Kids, 85
Mounties, The, 83
MUDDY PEOPLE, 79
Mugged by a Moose, 103
Muggins, 80
Mwakwa Talks to the Loon, 22
Myths and Legends of the Haida, 102

N

Native Chiefs and Famous Métis, 83
NATURE IS AN ARTIST, 79
Nature's Circle, 85
Never Forget the Good Times, 103
Never Light a Match in the Outhouse, 103
Never Trust a Smiling Bear, 103
No Ordinary Woman, 46, 87
Northern Light, 34, 88
Nuptse and Lhotse Go to the Prairies, 89
Nuptse and Lhotse Go to Iceland, 61
Nuptse and Lhotse Go to the Prairies, 61
Nuptse and Lhotse Go to the Rockies, 89
Nuptse and Lhotse Go To the Rockies, 61
Nuptse and Lhotse Go to the West Coast, 61
Nuptse and Lhotse in Nepal, 61
Nuptse and Lhotse in the Land of the Midnight Sun, 61

O

Off the Hook, 66
Okanagan Wine Tour Guide, The, 92
Old, Cold Grave, An, 77
Old Man's Garden, 87
Olive Oil & Vinegar Lover's Cookbook Revised and Updated, The,
66
One Good Thing, 96
One Last Cast, 40, 87
On Island, 94
ONLY IN SASKATCHEWAN, 64
On Their Own Terms, 82
On the Rocks with Jack Knox, 80
Opportunity Knox, 80
Orphans of Empire, 72
Our Place, 40
Our Trip Around the World, 87
Out Here, 87
OUT OF THE FIRE, 6
Out of the Woods, 6
Overexposure, 88

P

Pacific Northwest Coast Native Art, 102
Painted Fences, 28
Paradise Won, 87
Park Bagger, 87
Passage on the Cardena, 97
Peakbagger's Guide to the Canadian Rockies: North, A, 90
People of the Fur Trade, 83
People on the Move, A, 83
Perfect Eden, A, 93
Pilgrimage, 96
PIONEER CHURCHES ALONG THE GOLD RUSH TRAIL, 14
Pioneer Churches of Vancouver Island and the Salish Sea, 14

INDEX

Pipestone Wolves, The, 36, 88

Pocket Guide to the Unheralded Artists of BC, 105

Popular Day Hikes: Canadian Rockies, 52, 56, 57, 91

POPULAR DAY HIKES: KANANASKIS COUNTRY, 56, 90

Popular Day Hikes: Northern Okanagan, 57, 91

Popular Day Hikes: South-Central Okanagan, 57, 91

Popular Day Hikes: The Castle and Crownsnest, 52, 54, 56, 57, 90

Popular Day Hikes: Vancouver Island, 50, 57, 91

POPULAR DAY HIKES: WATERTON, 54

Popular Snowshoe Trails of the Canadian Rockies, 91

Popular Wildflowers of Alberta and the Canadian Rockies, 63

Popular Wildflowers of Coastal British Columbia, 63

Popular Wildflowers of South-Central British Columbia, 63

Popular Wildflowers of the Canadian Prairies, 63

PRAIRIE 123S, 60

Prairie ABCs, 60, 89

PRAIRIE GARDENER'S GO-TO FOR SOIL, 68

**PRAIRIE GARDENER'S GO-TO FOR TREES AND SHRUBS,
THE, 70**

Prairie Murders, 83

Pull of the Moon, 96

PURR, 78

Q

Quiet Kill, A, 94

R

Radiant Voices, 95

Railway Nation, 80

Rainbow Chasers, The, 97

Rain Comin' Down, 42

Ranching under the Arch, 18

Ranch on the Cariboo, The, 97

Ranch Tales, 20

Raven's Call, 85

READING THE WATER, 78

Recipe for Disaster, 105

Recipes for Olive Oil and Vinegar Lovers Boxed Set, 92

REIGN OF WOLF 21, THE, 79

Reindeer Reflections, 87

Remarkable World of Frances Barkley, The, 95

Rescue Dogs, 83

Resilient, 88

Return to Spinner's Inlet, 94

River of Dreams, 16

Rivers Run Through Us, 87

R.M. Patterson, 97

Roadside Geology of Southern British Columbia, 16

Road Trips, 105

Robert Service, 82

Rocksalt, 105

Rocks & Minerals of Western North America, 100

Rocky Mountain 123s, 60, 89

Rocky Mountain ABCs, 89

Rosina, The Midwife, 95

S

Sailing with Vancouver, 95

Salmon Recipes, The, 102

Saskatchewan Book, 88

Sallywag on the Salish Sea, 84

Scrambles in the Canadian Rockies, 91

Searching for Tao Canyon, 87

Seaside Walks on Vancouver Island, 91

Secret Beaches of Greater Victoria, 81

Secret Beaches of Southern Vancouver Island, 81

Secret Beaches of the Salish Sea: The Northern Gulf Islands, 81

Secret Beaches of the Salish Sea: The Southern Gulf Islands, 81

Secret Deepens, The, 84

Secret of Grim Hill, The, 84

Selling Canada, 101

Shakespearean Blues, 105

Sheringham, 100

Short History of Crazy Bone, 105

Show Me the Honey, 77, 95

Sipster's Pocket Guide to 50 Must-Try BC Wines, The, 92

Ski Trails in the Canadian Rockies, 91

Slickrock Paradox, The, 94

Slumach's Gold, 81

Snowshoeing in the Canadian Rockies, 91

Snowshoe Trails in Southwestern British Columbia, 91

Sockeye Salmon Odyssey, 102

Soldier of the Horse, 97

Somewhere, 95

Songen, 105

Sonja & Carl, 96

Sonny Assu, 2

Sorrowful Sanctuary, A, 77

Southern Light, 88

Spicy Touch, A, 66

Spirit of the Wild, 30

SPIRITS IN THE SKY, 34

Stella, 95

Stone by Stone, 16

Stories from the Magic Canoe of Wa'xaid, 44

Story of Karma, A, 87

Summer Book, The, 105

Summits & Icefields 1: Canadian Rockies, 91

Summits & Icefields 2: Columbia Mountains, 91

Summits & Starlight, 88

Survival Guide to British Columbia, The, 80

Swarm, 96

Sylvia Grace Borda, 6

Syria, 92

- T**
- Takaya: Lone Wolf, 36, 88
 Takaya's Journey, 89
 Take Me Outside, 87
 Taking a Break from Saving the World, 42
TALES FROM THE HOMESTEAD, 20
 Tapping the West, 92
TÂPWÊ AND THE MAGIC HAT, 79
 Taste of the Canadian Rockies, 68
 The Wonders That I Find, 89
 This Godforsaken Place, 72
 This is the Moon's Work, 105
 Thousand Consolations, A, 96
 Tight Wire, 105
 Timeless Emily Carr, 101
 Time to Take Flight, 93
 Time to Wonder - Volume 1, 58, 89
TIME TO WONDER - VOLUME 2, 58
 Tinsmith, The, 96
 To Be a Warrior, 87
 To Hell and Back, 103
 Totem Poles, 81
 Totem Poles and Tea, 81
 Totem Poles of the Haida, 102
 To the Lighthouse, 81
 Tracking Lions, Myth, and Wilderness in Samburu, 87
 Traditional Dress, 102
 Trail Mix, 87
 Trails End, 103
 Trails of the Southern Cariboo, 91
 Trail to the Interior, A, 97
 Treasures of Winnipeg's Historic Exchange, 6
 Trees of the Northwest, 100
TREE THIEVES, 78
TRILLION TREES, A, 78
TROUT TRACKS, 40
 True Home, 94
 Two Sisters, 102
- U**
- Understanding Northwest Coast Art, 102
 Undiscovered Country, 105
 Unfinished Child, The, 96
- V**
- Vancouver Island Imagine, 103
 Vancouver Island Scoundrels, Eccentrics and Originals, 94
 Vancouver's Most Haunted, 94
 Vancouver Tree Book, 100
 Vegetables: A Love Story, 64
 Victoria's Most Haunted, 77, 94
 Victoria Unbuttoned, 93
 Voices from the Valleys, 103
 Voices of the Elders, 82
- W**
- Wagon Road North, 14
 Waiting for the Cyclone, 96
 Walking in the Woods, 76
 Waterfall Hikes in Southern British Columbia, 91
 Waterfall Hikes of Southern British Columbia, 62
 Waterfront, 101
 Welcome Family & Friends to Our Bighouse, 102
 West Coast 123s, 89
 West Coast ABCs, 89
 What am I Seeing?, 102
 What Bears Teach Us, 36, 88
 When is a Man, 96
WHEN TRAINS RULED THE KOOTENAYS, 46
 When Trains Ruled the Rockies, 46
WHITE RAVEN, 24, 26
 Whole Beautiful World, The, 96
 Wild Berries of the Northwest, 100
 Wild Coasts of Canada, The, 88
WILDFLOWER, 79
 Wildlife of Western Canada, 85
 Wildlife Watcher Guide, 100
WILDLIFE WEEKENDS IN SOUTHERN BRITISH COLUMBIA, 48
 Wild Ride, 101
 With You by Bike, 87
 Woman She Was, The, 96
- Y**
- Year on the Wild Side, A, 94
YOUNGEST SISTER, THE, 79
 Your Heart is the Size of Your Fist, 76
- Z**
- Zachary's Gold, 97
ZONE, THE, 42

PUBLISHING OFFICES

HERITAGE HOUSE

heritagehouse.ca info@heritagehouse.ca
media & publicity monica@heritagehouse.ca

RMB | ROCKY MOUNTAIN BOOKS

rmbooks.com don@rmbooks.com
media & publicity jillian@rmbooks.com

TOUCHWOOD EDITIONS / BRINDLE & GLASS

touchwoodeditions.com info@brindleandglass.com
media & publicity curtis@touchwoodeditions.com

Publishing partners of Heritage Group Distribution
acknowledge the financial support of the Government
of Canada through the Canada Book Fund (CBF), a part
of the Department of Canadian Heritage.

SALES

NATIONAL ACCOUNTS

DON GORMAN

nationalsales@hgdistribution.com

BRITISH COLUMBIA: ISLANDS

JOHN WALLS

T 250.888.2569

bobojak@aol.com

BRITISH COLUMBIA: MAINLAND

TOM SIMONS

T 604.671.5455

tsimons@hgdistribution.com

BRITISH COLUMBIA: LOWER MAINLAND; ALBERTA

HEATHER READ

T 250.532.3976

readandcobooks@gmail.com

ALBERTA AND PRAIRIES

CORY MANNING

T 403.463.5521

cory@hgdistribution.com

SASKATCHEWAN AND MANITOBA

RORIE BRUCE

T 204.781.1769

F 204.487.3993

rorbruce@mts.net

TORONTO, SOUTHWESTERN AND NORTHERN ONTARIO

ROBERTA SAMEC

T 416.461.7973 / 855.444.0770 (ext. 1)

F 416.461.0365

rsamec@hornblowerbooks.com

TORONTO, EASTERN ONTARIO AND ATLANTIC CANADA

LAURIE MARTELLA

T 416.461.7973 / 855.444.0770 (ext. 2)

F 416.461.0365

lmartella@hornblowerbooks.com

QUEBEC

KAREN STACEY

T 514.704.3626 F 800.596.8496

kstacey@hornblowerbooks.com

LOUIS-MARC SIMARD

T 514.239.3594 F 800.596.8496

lmsimard@hornblowerbooks.com

FULFILLMENT & DISTRIBUTION

HGD | HERITAGE GROUP DISTRIBUTION

Unit #8, 19272 - 96th Avenue

Surrey, BC V4N 4C1

T 604.881.7067 / 800.665.3302

F 604.881.7068 / 800.566.3336

orders@hgdistribution.com

hgdistribution.com

UNIVERSITY OF TORONTO PRESS

SELECT HGD TITLES

T 1.800.565.9523

F 1.800.221.9985

utpbooks@utpress.utoronto.ca

INTERNATIONAL CUSTOMERS

INGRAM BOOK COMPANY

T 800.937.8000 F 800.876.0186

orders@ingrambook.com

ingrambook.com

PUBLISHERS GROUP WEST/ INGRAM CONTENT GROUP

ROCKY MOUNTAIN BOOKS

AND TOUCHWOOD EDITIONS

T 866.400.5351 F 800.838.1149

ips@ingramcontent.com

pgw.com

SPECIAL MARKETS

Our books are available for wholesale purchase by specialty, corporate, and international customers. Please contact nationalsales@hgdistribution.com for more information.

PRINTED IN CANADA

Cover photo:

TKTK